

This week, FPA Sri Lanka advanced key initiatives nationwide. From launching a nationally accredited NVQ programme to strengthening youth leadership and inclusive workplaces, our work reflected a strong commitment to community impact. We also highlighted important women's health issues to encourage timely care and informed decisions.



Landmark NVQ Launch for Outreach Workers

FPA joined national partners to launch the NVQ Level 3 and 4 for Community-Led Outreach Workers (HIV and STI), a nationally accredited programme under the Global Fund-supported SKPA-2 Programme, endorsed by Tertiary and Vocational Education Commission (TVEC). This initiative formally recognises and professionalises outreach workers, enhancing Sri Lanka's community-led HIV and STI response.

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Building Inclusive Corporate Leaders

FPA Youth hosted a transformative SOGIESC (Sexual Orientation, Gender Identity, Expression, and Sex Characteristics) Sensitisation session at the FPA Head Office for 25 young professionals from diverse corporate backgrounds.

Facilitated by Wathsala Herath, the session enhanced understanding of gender diversity, challenged myths and misconceptions, explored lived experiences, and encouraged practical strategies to foster respectful and inclusive workplaces.



Strengthening Humanitarian SRH Coordination

The first IPPF SPRINT Project Steering Committee meeting of 2026 brought together key stakeholders, including representatives from the Disaster Management Centre, health sector, UNFPA, and the Sri Lanka Red Cross. Discussions reaffirmed the importance of multi-sectoral collaboration and integrating sexual and reproductive health into humanitarian preparedness and response mechanisms.



Youth Action for Crisis Response

A Youth Camp under the theme "Youth Action for Crisis Response" was held at the Vocational Training Authority, Kirinda, Gampola, bringing together 60 young participants. The programme strengthened knowledge on sexual and reproductive health while building capacity for crisis response, resilience, and informed decision-making. This camp forms part of the UNFPA-supported Youth Camps initiative launched in areas affected by Cyclone Ditwah (2025) across Kandy, Badulla, and Nuwara Eliya districts.



World Health Day - Women's Health Video Series

In commemoration of World Health Day, FPA Sri Lanka launched a special video series addressing key women's health issues. Featuring Prof. Sanath Lanerolle, the series highlighted key women's health concerns, including menopause, sub-fertility, and cervical cancer screening helping women recognise symptoms and understand when to seek timely medical advice.

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Shaping Healthy Futures Through CSE

The "Rhythm of LOVE" Comprehensive Sexuality Education programme was conducted by the Medical Unit's - Bloom by FPA Sri Lanka, at the Faculty of Allied Health Sciences, University of Ruhuna. The session highlighted the importance of informed choices, healthy relationships, consent, and overall well-being, empowering young adults with knowledge that supports both personal and professional growth.



YNH Nuwara Eliya Develops Advocacy Proposals – RFSU Project

At its monthly meeting, Youth Network for Health (YNH) Nuwara Eliya developed five project proposals with budgets for FPA-supported seed grants. Youth groups across Nuwara Eliya Municipal Council, Lindula, Ragala, Hanguranketha, and Kotmale MOH areas proposed advocacy on menstrual health, GBV awareness through drama, and comprehensive sexuality education initiatives.



Strengthening SRHR Access for the Deaf Community – RFSU Project

A stakeholder meeting was held to discuss proposed activities targeting the Deaf community in Sri Lanka. It was decided to implement four key SRHR initiatives: a video glossary of curriculum terms, teacher review sessions, training for sign language interpreters, and school awareness programmes.

Representatives from the Ministry of Education, including the Departments of Special Education, School Health and Nutrition, and Publications, along with the National Institute of Education, Health Promotion Bureau, Family Health Bureau, and UNFPA, provided guidance on the regulatory and preparatory requirements for implementation.