

This week, FPA Sri Lanka advanced efforts to make SRH knowledge more accessible, strengthened mental health training, engaged youth through awareness programmes, and celebrated our young evaluators representing Sri Lanka on a global stage.



SRH Institute Launches Psychotherapy & Psychopathology Counselling Course

The SRH Institute has launched two courses, with 40 participants joining online and onsite. The programme equips them with skills to support the mental health and well-being of others.

Making SRH Knowledge Accessible for All

As part of the RFSU project, FPA Sri Lanka, with government officials, disability organizations, sign language interpreters, and UNFPA held a sign language glossary review meeting. We will later develop an accessible digital platform for SRH knowledge in sign language, in video formats for persons with hearing disabilities.



SRH awareness sessions were held in Batticaloa in Thiraimadu, Karuveppenkeny, and for students of Ceylon Open Campus, Oddamavadi and at the National Youth Services Council (NYSC) Vocational Training Centre in Maharagama, promoting knowledge for informed decision making.



Youth Movie Night

The FPA Youth Team hosted a movie night featuring Red, White & Royal Blue to celebrate Valentine's Day, bringing together other youth-led advocacy organizations and fostering connection.



Youth in Focus-Building Healthy Futures

FPA Nuwara Eliya, in collaboration with the MOH office, hosted a Valentine's-inspired youth seminar in Pedro Estate. 115 youth participated in drama, interactive sessions, and data collection on adolescent lifestyles, reproductive health, and teenage pregnancy. Study findings coming soon!

Online Campaigns

SRH Awareness Day – promoting sexual and reproductive health for all

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Condom Day – encouraging safe choices and informed decisions.

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Valentine's Day – sharing tips for healthy & respectful relationships.

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Consent is ongoing.

Check in, every time, in every situation.



FPA Sri Lanka Evaluators make their mark at EvalFest 2026

Our emerging evaluators Irasha Jayasekara, Yadharshika Selvaraj, and Asinsala Wijerathne represented FPA Sri Lanka at EvalFest 2026 in India (Feb 10-13), a leading international conference on monitoring and evaluation. This year's theme was "Evaluations in Complex and Evolving Contexts: Harmonising Youth, Innovation, and Impact."

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