

# **BOLDLY BEYOND BOUNDRIES**

For Every Choice... Every Voice...

# Get to Know Us

Founded in 1953, The Family Planning Association of Sri Lanka (FPA Sri Lanka) is a pioneering non-governmental organisation dedicated to advancing sexual and reproductive health, rights and justice across the nation. With over 72 years of experience, we have evolved into a leading force in family planning, healthcare services, and advocacy, ensuring individuals have access to the resources and knowledge they need to make informed choices about their reproductive health.

At FPA Sri Lanka, we believe that sexual and reproductive health is a fundamental human right that must be safeguarded at every stage of life. Our comprehensive initiatives span family planning and contraception, well-woman care, maternal health, subfertility care, prevention and management of sexually transmitted infections (STIs) and HIV, Comprehensive Sexuality Education (CSE), counselling, gender-based violence response, and policy advocacy.

Backed by a team of dedicated professionals and a strong network of partners, we deliver inclusive, accessible, and high-quality services tailored to the unique needs of diverse communities. Through innovation and advocacy, FPA Sri Lanka remains committed to empowering individuals, shaping policies, and driving meaningful change in Sri Lanka's healthcare landscape.

## Our Vision

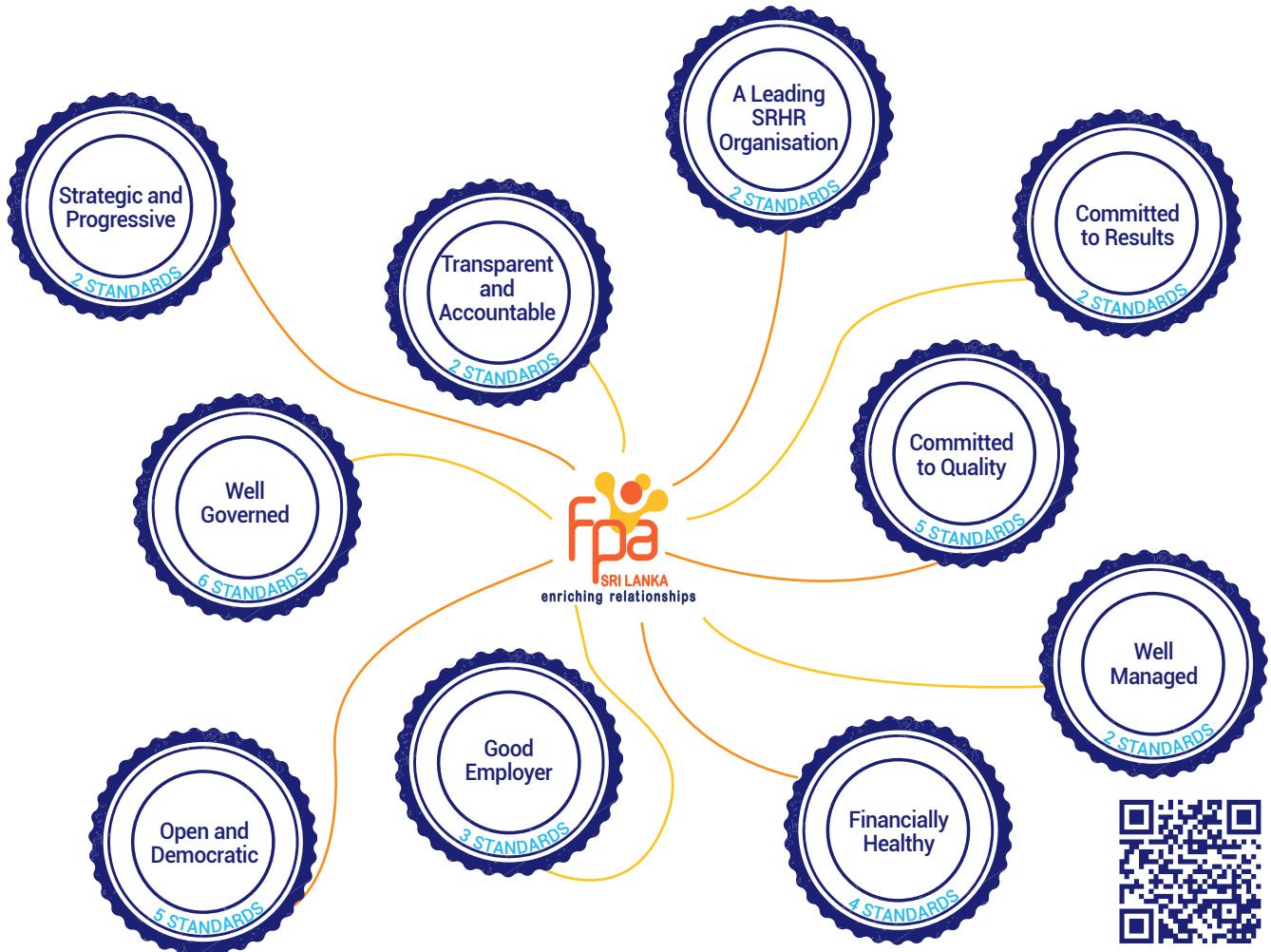
A country with access to Sexual and Reproductive Health as a right for all.

## Our Mission

To advocate Sexual and Reproductive Health rights and provide services whilst maintaining sustainability and volunteerism to improve quality of life for all.

# Accredited Member Association of IPPF

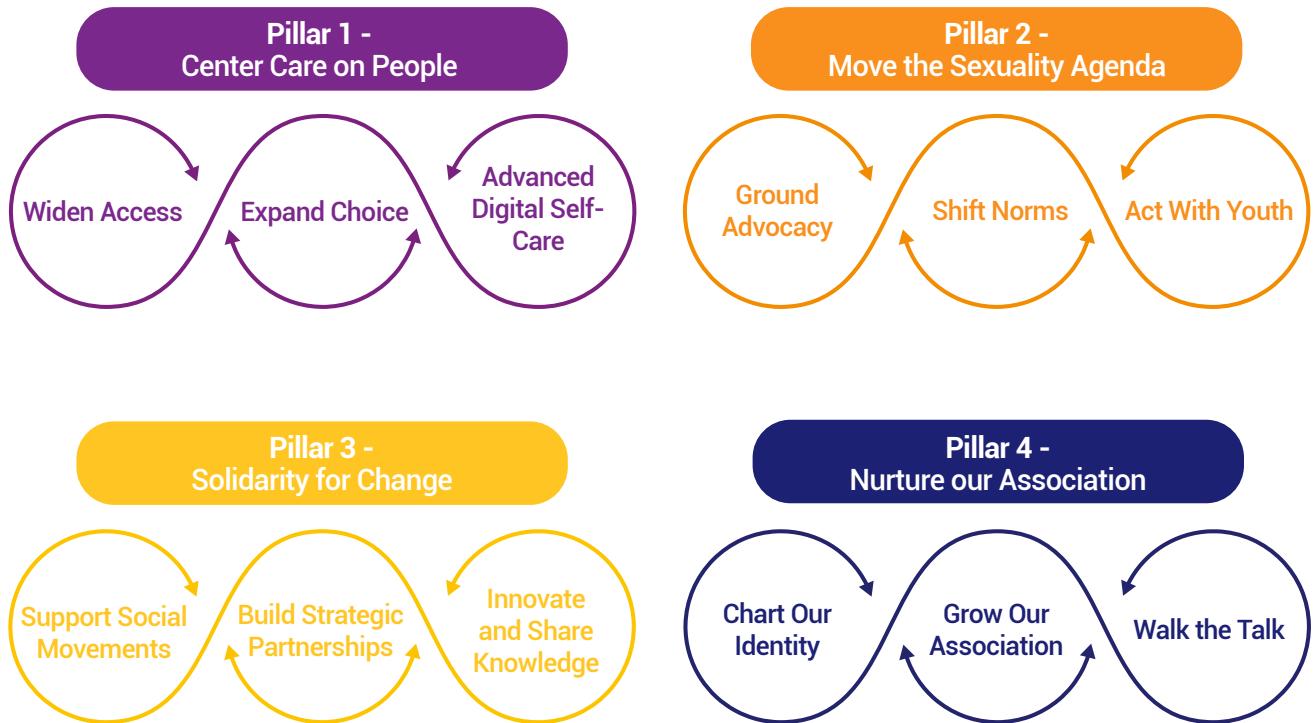
FPA Sri Lanka has received accreditation, having successfully met all 10 fundamental principles and 33 standards required of International Planned Parenthood Federation (IPPF) Member Associations.



# The Core of Our Mission

At FPA Sri Lanka, our “Boldly Beyond Boundaries” strategy drives us to push boundaries and ensure that sexual and reproductive health (SRH) is a universal right. With four key pillars and 12 well-defined pathways guiding our work, we aim to enhance sustainability and create lasting impact.

This vision goes beyond convention—it is our commitment to a healthier, more inclusive Sri Lanka.





## Notable Feats

FPA Sri Lanka has been a trailblazer in sexual and reproductive health, rights and justice, driving innovation, expanding access to care, and shaping policies.

### 1954

FPA is affiliated to the International Planned Parenthood Federation.

### 1968

Most FPA clinics are taken over by the government to form the nucleus of a national family planning programme.

### 1974

The launch of the contraceptive marketing programme, now known as the Social Marketing Programme (SMP).



### 1953

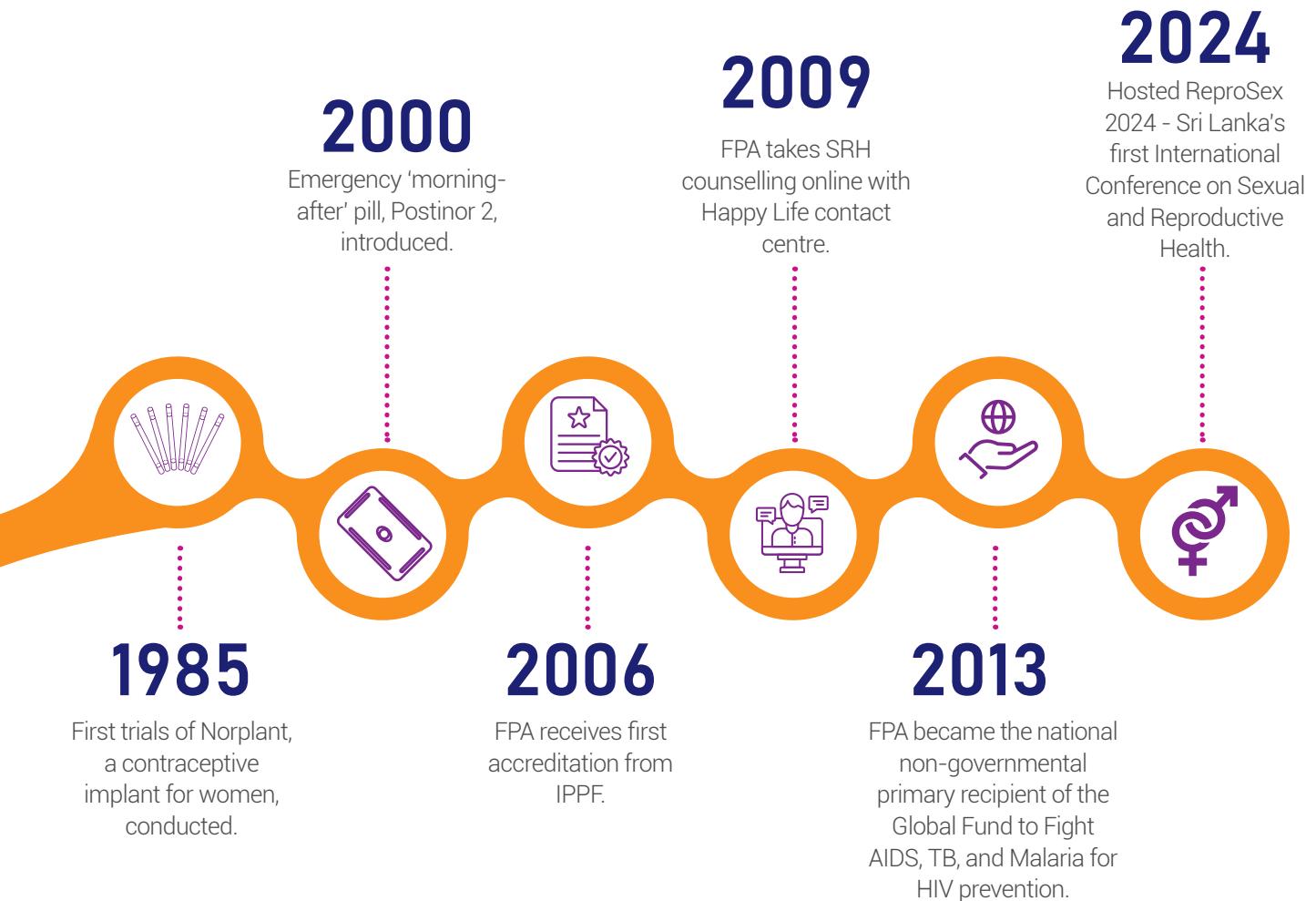
FPA's first clinic set-up at De Soysa Maternity Hospital.

### 1961

First oral-contraceptive trials in Asia commence at Ragama Hospital, under the guidance of FPA volunteer Dr. Siva Chinnatamby.

### 1973

New FPA HQ opens at Bullers Lane, Colombo.



# Turning Values into Strengths

FPA Sri Lanka has turned its core values into strengths, ensuring high-quality, accessible healthcare and advocacy. Its commitment to improving lives, drives continuous efforts to create lasting impact in sexual and reproductive health across the country.

## Our Values

### PASSION

We are passionate about what we do

### VOLUNTEERISM

We believe in the spirit of volunteerism as central to achieving our goals and ideals

### ACCOUNTABILITY

We value participatory, consensus-oriented, accountable and transparent decision-making

### DIVERSITY

We believe in diversity and equality in extending our services to everyone who needs them

### INCLUSIVENESS

We uphold social inclusion and non-discrimination

## Why We Lead



### Trusted Community Partner –

Over 72 years of leadership in SRH services and advocacy across Sri Lanka.



**Sustainability** – Revenue from contraceptive and lubricant sales is reinvested to enhance community healthcare services.



**Nationwide Reach** – An extensive island wide network ensuring accessibility to SRH products and services.



**Strategic Collaborations** – Strong partnerships with the government, NGOs, CSOs, and private sector organisations.



**Expertise & Innovation** – Decades of knowledge combined with ongoing research to address emerging SRHR needs.



**Accountability & Transparency** – Upholding the highest ethical standards in all our operations.

# Combating Sexual and Gender-Based Violence in Sri Lanka's

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# Who We Empower

FPA Sri Lanka provides tailored healthcare, education, and advocacy to meet diverse needs nationwide. Ensuring access to vital sexual and reproductive health services, it empowers individuals to make informed choices, promoting well-being and health equity for all.



# Where We Make an Impact

FPA Sri Lanka works across multiple sectors to respond to the diverse needs of communities across the country. Through inclusive programmes, strategic partnerships, and grassroots engagement, we strive to ensure that every individual has access to care, knowledge, and the opportunity to thrive.



Access To Contraception – Information, Products & Services



Fertility Challenges



Well-Woman Care & Cancer Screening



Maternal Health



Sexual & Gender-Based Violence



Comprehensive Sexuality Education & SRH Awareness Programmes



Harm Reduction Counselling & Post-Abortion Care



HIV & Sexual Health (Including Other STIs)



Adolescent & Youth Sexual & Reproductive Health



Counselling Care & Digital Health Interventions



Gender Equality & Women's Empowerment



Gender Justice & Menstrual Equity



Humanitarian & Climate Change



Provision of Services to LGBTQIA+ Individuals to Fulfil Their Sexual Rights



Advocacy for Inclusive SRH Laws & Policies



Community Engagement & Norm Change



Addressing Gender-Based Disparities In Health



Supporting People Who Use Drugs In Accessing Healthcare Services



Strengthening Sex Worker Rights & Well-being



Knowledge Hub For IPPF - Capacity Building on Social Enterprise

# Voices of Impact

The voices of those we serve highlight our impact, showcasing challenges, triumphs, and transformation. Their stories inspire our mission and reinforce the difference FPA Sri Lanka makes in lives every day.

**Dr. Palitha Mahipala -**  
Secretary of Health



"I commend FPA Sri Lanka for its outstanding contributions to improving SRH. For seven decades, FPA has led in delivering services, raising awareness, and advocating for SRH rights. Its partnership with the Ministry of Health and stakeholders has advanced family planning, maternal health, and youth empowerment."  
*(ReproSex 2024)*

**Ms. Inoka Prabhashini -** Office Assistant  
(Administrative Officer - PWN)



"For over 20 years, the Positive Women's Network has partnered with FPA Sri Lanka, receiving vital technical assistance and funding support through the Global Fund National HIV Prevention Project. This support enables us to provide services across all STD clinics islandwide, greatly benefiting people living with HIV."

**Ms. Kasuni Bandara-** Counsellor –  
Seethawaka Service Delivery Point



"Srithi faced severe sexual, mental, and physical abuse, along with substance abuse, from her husband. As a health worker, I recognized the life-threatening situation for her and her child. With immediate action and support from authorities, they were rescued, received the care they needed, and are now safe, on a path to healing and stability."

**Ms. Manuelle Hurwitz -**  
Director, Development and Impact - IPPF



"As one of IPPF's oldest Member Associations (MAs), established over 70 years ago, FPASL holds a special place within the Federation. Throughout this journey, FPASL has demonstrated a steadfast commitment to advancing SRHR for all Sri Lankans. A conference like ReproSex underscores the significance of FPASL as a strong and committed MA - one that is unafraid to lead, challenge, and innovate."  
*(ReproSex 2024)*

**Ms. Mallika Samarawickrama -**  
Happy Life Call Centre Staff Member



"Facing sexual impotence, Iranga felt immense guilt toward his wife and encouraged her to seek fulfillment at a brothel, raising concerns about HIV/STDs. Feeling lost, they reached out to Happy Life for guidance, where they received counselling, testing, and treatment, including a VDRL test. The support brought relief and comfort, and they expressed gratitude for easing their difficult journey"

**Ms. Sandakshi Sulakshana -**  
Counsellor – Ampara Service Delivery Point



"A client became pregnant after an affair, only to later discover that her lover was married with children. She endured both emotional and physical abuse as he pressured her to end the pregnancy. I was able to mediate and connect her with a couple struggling with infertility, who later adopted the child. With continued counselling, she regained her well-being"

# Innovating for a Better Future

At FPA Sri Lanka, the revenue generated from the sale of various products plays a crucial role in sustaining our mission. These funds help cover essential organisational expenses, ensuring smooth operations and continued service delivery. Beyond this, any remaining funds are thoughtfully reinvested into the organisation, allowing us to expand and enhance our programmes.



## Condoms

- Preethi • Preethi Super • Stamina • Stamina Plus • Life Style Rough Rider • Life Style Mixed Berry • Life Style SKYN



## Contraceptive Injections

- Medroxyprogesterone



## Oral Contraceptives (OCP)

- Mithuri



## Implants (Implants + IUD)

- Jadelle • Copper – T



## Emergency Contraceptive Pills (ECP)

- Postinor One • Postinor - 2



## Lubricant

- Easy Glide

# Your Contribution, Their Transformation

Your donation enables FPA Sri Lanka to provide life-saving healthcare, offering hope and a brighter future to vulnerable communities.

## Expand Our Reach:

Contributions support services in underserved areas and for marginalised communities.

## Advocacy :

Help advocate for inclusive policies and laws.

## Address Social Norms & Stigmas:

Aid in combating discrimination and stigma.

## Empowering Communities:

Enable programmes focused on education and empowerment.

## Humanitarian Relief:

Support disaster and crisis response initiatives.

## Research & Innovation:

Fund initiatives driving research and new solutions to emerging SRHR issues.



## Be the Change – Take Action Today

Your support helps provide vital healthcare, advocate for change, and empower those in need, creating a brighter, healthier future.

## Donate today to help us continue making a difference.

Visit: <https://www.fpasrilanka.org/en/donate-now>

For more information on how you can support us, contact us at [fpa@fpasilanka.org](mailto:fpa@fpasilanka.org)





The Happy Life Call Centre provides confidential, accurate and non-judgmental support.

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## The Family Planning Association of Sri Lanka

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