



# WE ARE YOU



FPA SRI LANKA ANNUAL REPORT 2023

# Content

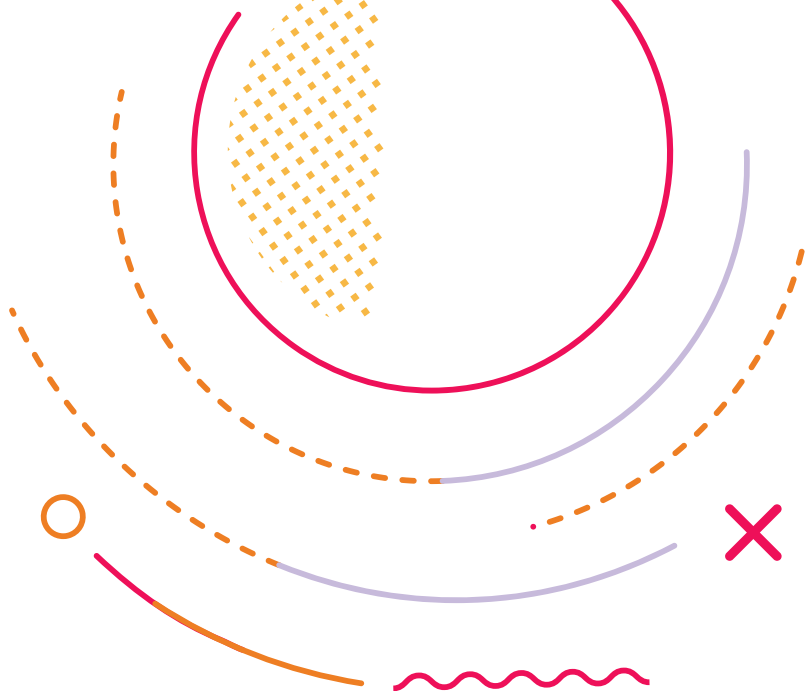
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## We Are You

All throughout the past 70 years, each day and every single project has always revolved around our sole focus: the betterment of our communities. With every passing year we have grown as an organisation, not just in numbers but also as an entity that goes well beyond our name.



Each year, The Family Planning Association of Sri Lanka (FPA) is privileged to meet various people from different walks of life. Each of them have their own battles to fight and FPA has always been there to guide them and provide support wherever necessary. From educating the youth, to expanding our service centres, FPA continues to care for people and nourish our community for a better and healthier tomorrow. As we grow, so does our passion towards every mission, so intense that we now feel there is no difference between us and you. Your success is our gain, your safety is our future, and your happiness is our wellbeing.

1953 - 2023



# A JOURNEY OF RESILIENCE AND ACHIEVEMENT

Celebrating its Platinum Jubilee, The Family Planning Association of Sri Lanka marked a significant milestone in its journey towards championing Sexual and Reproductive Health, Rights and Justice in Sri Lanka. Since its humble beginnings in 1953, FPA has come a long way, evolving into a trailblazer in its field. This momentous achievement, provided the opportunity to reflect on past accomplishments, and also look ahead to the future, to journey boldly beyond boundaries, embracing fresh challenges and overcoming new barriers.

# 1953

FPA Ceylon was established in a time when reproductive choice and access were privileges afforded to only a few. Its mission was simple yet profound - to reach out to underprivileged women and children and provide them with the care they deserved.



The driving force behind FPA was a group of brave and inspirational volunteers, led by Dr. Mary Rutnam. Their commitment to the cause was unwavering, and their efforts paved the way for the establishment of FPA's first clinic at De Soysa Maternity Hospital.



Dr. Chinnathamby led the first oral contraceptive trials in Asia at the Ragama hospital in 1961.

She was also the driving force behind clinical trials for the intrauterine device (IUD) and Depo Provera, the long-acting contraceptive injection, in 1968.

# 1961



# 1959

FPA's expertise was recognized by the Ministry of Health. They were assigned the responsibility of training government medical personnel in family planning and contraceptive methods.

FPA's affiliation with The International Planned Parenthood Federation (IPPF) began in 1954. This partnership further bolstered FPA's efforts, making it one of the first 20 members of IPPF.



# 1962

In 1962, Prime Minister Sirimavo Bandaranayke instructed that Family Planning be incorporated into the Government's Maternal and Child Health Programme.

By its 10th year, FPA operated 200+ clinics in government hospitals, signaling a notable community shift towards accepting family planning.







# A Journey of Resilience and Achievement



Fully equipped Mobile Clinics enable expansion of FPA's work to the estate and industrial sectors and that was the year, a vasectomy programme for estate workers was introduced.

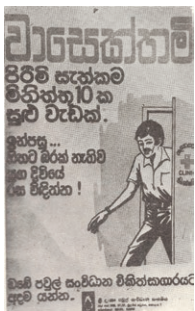
## 1972



The game changer was the launch of the contraceptive marketing programme in 1974, now known as the Social Marketing Programme - SMP, which introduced the Preethi condom. Its innovative marketing campaign was credited with breaking the long-standing association of condoms with illicit sex and infidelity. The programme also launched Mithuri, which changed the fertility and demographic map of the country forever.

Preethi and Mithuri, to this day, remain our flagship products and market leaders in their respective product categories.

## 1974



## 1973

As the family planning movement gained momentum, and the programme outreach became wider, there was an urgent need for a larger premises for the Association to function effectively. On the 23rd of March, 1973, FPA moved to a new location at Bullers Lane, where the Head Office still stands today.

FPA Ceylon becomes FPA Sri Lanka.



## 1982

In 1982, Dr Sriani Basnayaka introduced the influential 'Facts of Life' sexual and reproductive health programme to adolescents in Colombo schools.

She also initiated clinical trials of the subdermal implant, Norplant, at the headquarters clinic in 1985.

FPA established 'Chinthana' on a 15-acre site in Wennapuwa in 1981 to meet the need for a dedicated training centre close to Colombo but easily accessible from all over the country. It provided accommodation, conference facilities and even storage for contraceptives.

In 1987, the first case of AIDS was reported in Sri Lanka. By then, FPA had begun training doctors in prevention methods, and in 1988, public HIV/AIDS awareness and education programmes began.

Addressing mental health issues, particularly for school-aged children and adolescents, was seen as an urgent need and led to the establishment of the Alokaya Counselling Centre in 1990. The Alokaya Centre also provided counselling and training for teachers.

In 2000, the concept of 'Well Woman' clinics was introduced, where women could receive a comprehensive medical check-up, including screening for breast and cervical cancer.

# 1987



In 2015, FPA Sri Lanka hosted an IPPF Social Enterprise Workshop to map its business model, aiming to share it with the Federation and inspire other Member Associations (MAs). By 2017, they became the SE Hub for the Federation, aiding MAs in creating and growing social enterprises to boost funding, sustainability, and community impact.

# 2015



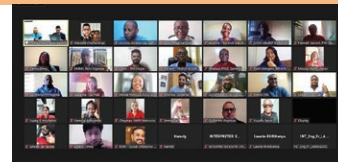
# 2008

The 'Enriching Relationships' logo was launched, accompanied by administrative adjustments to streamline operations into a more corporate structure.

In 2009, FPA introduced innovative outreach/communication methods by launching the Happy Life Centre and counselling website.

In 2012, FPA partnered with Global Fund and the Ministry of Health on the HIV prevention project and was the Principal Recipient for 9 years.

In 2014, FPA launched two impactful international advocacy campaigns: the IPPF 'Vision 2020' and 'I Decide' initiatives, engaging a significant number of youth



# 2016

It was a momentous occasion when, on 10 March 2016, the foundation stone was laid for a new headquarters in Nawala, becoming one of the four Member Associations of the 170 affiliated to IPPF to have its own headquarters, a testament to the organisation's self-sufficiency and sustainability.



# A Journey of Resilience and Achievement

One of FPA's proudest moments was being selected to receive the IPPF Best Member Association Award in 2019 for collective contribution to sexual and reproductive health and rights. The award, made once every three years, recognises excellence in the promotion of sexual and reproductive rights and the provision of high quality, innovative sexual and reproductive health services.

## 2019



Making impactful strides in the space of sexual and reproductive health education, FPA Sri Lanka launched 'Ask Sri!', a friendly chatbot answering common questions around sexual health and wellbeing.

The 'Ask our Champions!' video series was launched in 2022 to coincide with the conclusion of the Governance Reforms project, where activists, advocates, and FPA staff spoke about their advocacy stories with FPA Sri Lanka. The videos promoted values of youth leadership, diversity, and inclusivity, which were priorities within FPA's mandate.

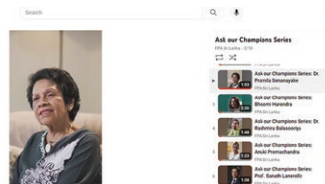
## 2021



## 2020

IPPF launched a worldwide pilot programme to improve governance in 10 Member Associations, including FPA Sri Lanka, after its 2019 reforms. FPA was selected as one of the 10 MAs from over 20 applications across six regions, highlighting significant demand and dedication for change.

During the COVID-19 pandemic, joint efforts by FPA, frontline health workers and the military ensured the distribution of essential supplies, such as sanitary napkins, to quarantine centres, preserving dignity and hygiene. Additionally, tailored hygiene kits were provided to marginalized groups, including LGBTQIA+ individuals and people with disabilities, promoting health and inclusivity.



## 2023

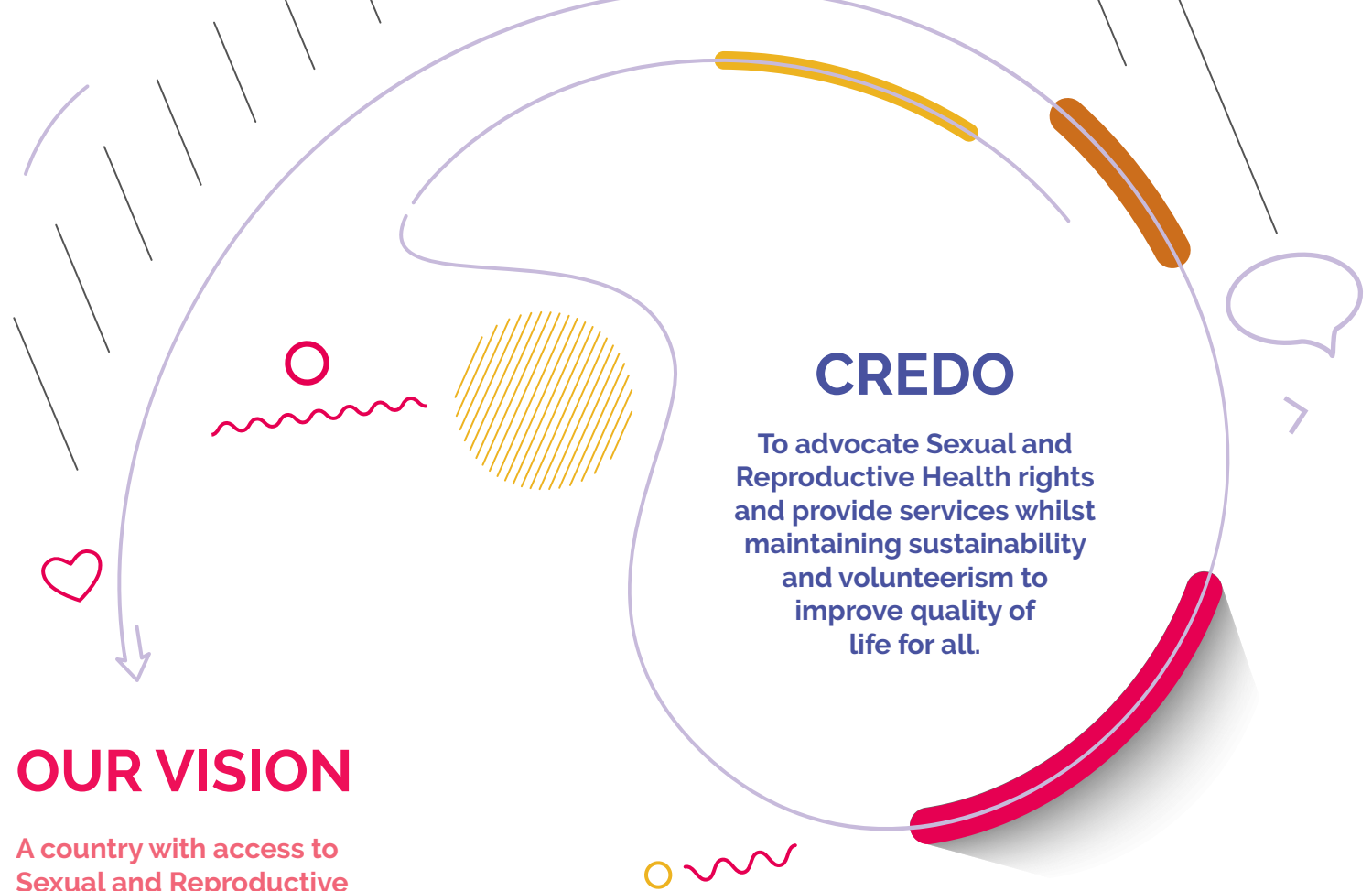
The launch of the CAAPP project occurred in collaboration with the French Embassy, aimed at addressing period poverty.

The development of a new strategic plan for 2023 - 2028, titled 'Boldly Beyond Boundaries,' signalled a commitment to embracing fresh challenges and overcoming barriers. This initiative promised to revolutionize approaches to sexual and reproductive health, aiming for greater inclusivity and access.

FPA celebrated 70 years of impact and progress.







## OUR VALUES

### PASSION

We are passionate about what we do

### VOLUNTEERISM

We believe in the spirit of volunteerism as central to achieving our goals and ideals

### ACCOUNTABILITY

We value participatory, consensus-oriented, accountable and transparent decision-making

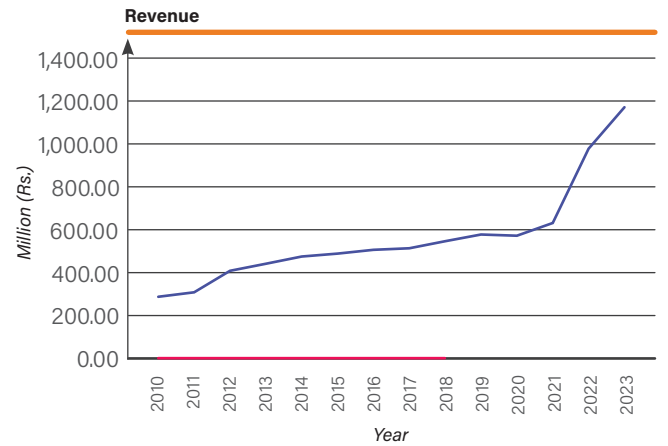
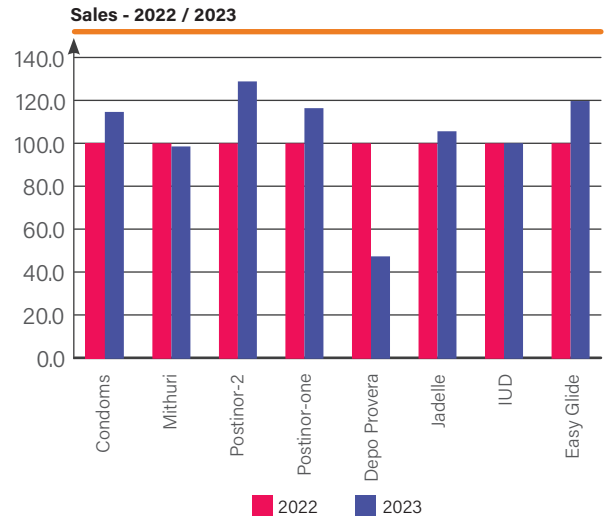
### DIVERSITY

We believe in diversity and equality in extending our services to everyone who needs them

### INCLUSIVENESS

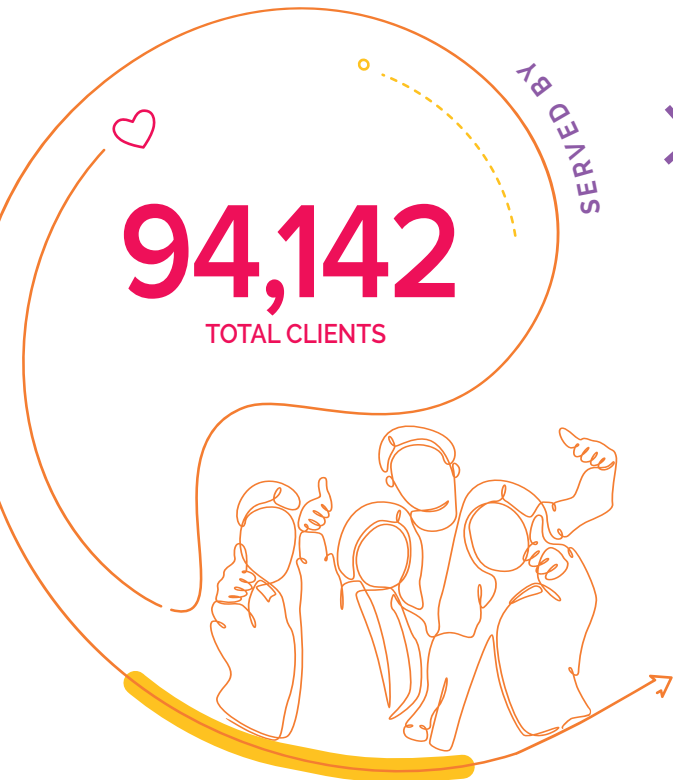
We uphold social inclusion and non-discrimination

# Performance Highlights



**LKR 1,598,483,639**  
TOTAL INCOME GENERATED

**371,806**  
TOTAL CYP  
( Couple-Years of Protection )



245,336

SRH SERVICES DELIVERED



08  
STATIC  
CLINICS | 68,993  
SRH Services  
Provided

530  
MOBILE  
CLINIC SESSIONS | 109,405  
SRH Services  
Provided

26  
ASSOCIATE  
CLINICS | 8,949  
SRH Services  
Provided

530  
DIGITAL HEALTH  
INTERVENTIONS (DHI) | 11,243  
SRH Services  
Provided

530  
COMMUNITY-BASED  
DISTRIBUTION (CBD) | 46,746  
SRH Services  
Provided

5,251  
SMP OUTLETS | 361,083  
CYP  
Generated

12,824

GIRLS  
(Below 25)

2,630

BOYS  
(Below 25)

65,114

FEMALES

6,217

PREGNANT

738

SPECIAL NEEDS



55,111  
ESTIMATED UNSAFE  
ABORTIONS AVERTED

14  
ESTIMATED MATERNAL  
DEATHS AVERTED

57  
ESTIMATED CHILD  
DEATHS AVERTED

3,188  
FIRST-TIME USERS OF MODERN CONTRACEPTIVE  
METHODS THROUGH FPA CLINICS

6,041  
YOUNG PEOPLE COMPLETED A COURSE OF CSE

355  
FPA VOLUNTEERS

555  
EXTERNAL SERVICE PROVIDERS TRAINED

57,622  
CONTRACEPTIVE  
SERVICES DELIVERED

- 89% Poor and vulnerable
- 18% of SRH services were delivered to young people

66.1%

FPA clients would recommend our services to family or friends as measured through the Net Promoter Score methodology

# Message from the President

“We also aim to explore user-friendly digital health platforms to deliver comprehensive and confidential access to a wider range of Sexual and Reproductive Health services and information”



*A. Aruni Marcelline*

Ms. Aruni Marcelline

## 1. What is the role that FPA plays in today's rapidly evolving society?

Since its inception, FPA has strived hard to serve and be of relevance to society in the sphere of Sexual and Reproductive Health and Rights. FPA has been dedicated to promoting universal access to Sexual and Reproductive Health as a fundamental human right in Sri Lanka. In keeping with our Strategic Plan 2023-2028, 'Boldly Beyond Boundaries', we are further poised to take on the challenge of breaking barriers and ensuring that everyone has equitable access to high quality and comprehensive Sexual and Reproductive Health services regardless of age, gender, ethnicity, religion, socio-economic status, sexual orientation or geographical location. The role of FPA, therefore will be to ensure Sexual and Reproductive Health as a right for all segments of the society through a youth-focused and inclusive organisation, whilst breaking barriers to social, religious and cultural resistance.

## 2. How do stakeholders see FPA's role?

Due to the consistent and effective services that FPA has been delivering over seven decades, it has earned the trust of its stakeholders as being one of the leading, if not the primary, Non-Governmental Organisation providing information and services on Sexual and Reproductive Health and Rights. We have been very fortunate that we have been able to build up this trust and cordiality with the stakeholders in ensuring our commitment to this socially sensitive topic.

## 3. How is FPA engaging with stakeholders?

FPA recognises unity and engagement as essential factors for achieving development success. We understand that addressing complex issues such as Sexual and Reproductive Health (SRH) requires collaboration among various stakeholders, including governments, NGOs, communities and individuals. As mentioned above, due to the trust FPA has earned from its stakeholders, FPA is poised to assist in the





national Sexual and Reproductive Health programme by identifying areas of improvement, including youth, and playing a supportive role to the government.

FPA has also made a key contribution to the country by successfully engaging with external stakeholders such as donors and multi-lateral organisations to mobilise resources and funding. Additionally, we have been able to distribute affordable Sexual and Reproductive Health commodities across the country to enable access through our island-wide dealer network, which comprises of pharmacies, medical clinics, hospitals, grocery stores etc.

**4. What does the new strategic plan herald for FPA for the next 5 years? How is this plan 'bolder'?**

The new Strategic Plan titled 'Boldly Beyond Boundaries' aims to ensure Sexual and Reproductive Health as a right for all regardless of age, gender, ethnicity, religion, socioeconomic status, sexual orientation or geographic location. This plan is 'bolder' as it aims to go beyond boundaries to ensure equitable and affordable access to high quality and comprehensive range of Sexual and Reproductive Health products and services. It also aims at providing a comprehensive and innovative digital health platform to provide convenient and confidential access to a wide range of Sexual and Reproductive Health services and information.

**5. What strategies has FPA employed to effectively engage with audiences across social media platforms?**

We have successfully engaged in social media platforms such as Facebook, Twitter, Instagram, TikTok, YouTube, and product wise promotions to effectively and efficiently reach an untapped market segment. Social media allows for two-way communication between FPA and its audience, enabling real-time feedback, questions and discussions.

We also aim to explore user-friendly digital health platforms to deliver comprehensive

and confidential access to a wider range of Sexual and Reproductive Health services and information.

**6. What are the challenges being faced?**

Social media is a challenging medium due to its vast and diverse audience and requires careful handling. Whilst it is an effective communication mode, we have learned to deal with tact in engaging with social media platforms considering the sensitive nature of the topic of 'Sexual and Reproductive Health and Rights'. Social media platforms are rife with misinformation and misconceptions, particularly regarding Sexual and Reproductive Health and Rights issues. FPA faces the challenge of combatting misinformation and promoting accurate, evidence-based information.

**7. Why is Sexual and Reproductive Health becoming more important in today's society?**

Today's society is challenging in all aspects of life. In such a society, particularly youth need to be more educated on Sexual and Reproductive Health to make healthier choices. Due to the increasing use of the internet, youth learn about sex from the internet. This can be misleading, provocative and damaging. Therefore, it is important to engage youth through a positive and engaging communications strategy to empower them with knowledge, skills and attitudes to make informed decisions about their Sexual and Reproductive Health rights.

**8. Is Sexual and Reproductive Health education achieving the desired results?**

Comprehensive Sexuality Education is weak and is not getting the desired results. Although FPA is collaborating with the Ministry of Health, Ministry of Education and other stakeholders to deliver quality Comprehensive Sexuality Education to both in-school and out of school youth, in our view, it requires more co-ordination in the area of training of teachers etc.

**9. What is the level of medical access to Sexual and Reproductive Health in Sri Lanka, and what is FPA's role in this area?**

Despite the remarkable progress made in Sri Lanka's access to Sexual and Reproductive Health services over the past few decades, there remain segments and components that require improvement. FPA plays a crucial role in addressing these gaps by working closely with the Ministry of Health. FPA operates through static clinics established in several districts (Service Delivery Points), mobile clinics, mobile service sessions, hotline services, home delivery, home visits and counselling to serve the most vulnerable, ethnically marginalised and underserved communities in Sri Lanka. FPA works in collaboration with the Ministry of Health to identify under-served groups and provide free services in the industrial sector, plantation sector etc., through our network.

**10. What is your view of Advocacy in the LGBTIQ+ community?**

One of the advocacy initiatives of the Strategic Plan is to advocate with the Ministry of Justice to amend relevant sections in the Penal Code of Sri Lanka to decriminalise the LGBTIQ+ community. We feel Sri Lanka as a country needs to move forward like some of our neighbours, India and Nepal. Our sexual rights agenda strongly speaks of an environment where anyone will not be discriminated for their sexual orientation.

**11. What's the future outlook for Sexual and Reproductive Health and FPA in Sri Lanka?**

FPA has progressed well during the last 70 years and has established itself as the only national level Non-Governmental Organisation working on Sexual and Reproductive Health and Rights. FPA needs to strive to progress further. As its Strategic Plan heralds, it needs to go above and beyond to ensure that Sexual and Reproductive Health services impact every member of our diverse society whilst being strong, sustainable and self-sufficient.

# Message from the Executive Director

**“Our commitment to evidence-based practice is evident in our rigorous Monitoring, Evaluation and Research efforts.”**



Ruchitha Perera

**Dr. Ruchitha Perera**

As we reflect on the milestones achieved and challenges overcome in 2023, it is with great pride and enthusiasm that I present the Annual report of The Family Planning Association of Sri Lanka.

The past year has been marked by remarkable achievements across various fronts, showcasing our unwavering commitment to advancing Sexual and Reproductive Health, Rights and Justice in Sri Lanka.

Our Social Marketing Programme witnessed unprecedented success with the launch of Stamina Plus, a groundbreaking product aimed at promoting longer-lasting pleasure. This initiative, coupled with strategic planning and execution, propelled us to achieve the highest revenue and surplus in our history, surpassing our budgeted targets significantly. Additionally, the iconic Preethi Condom celebrated its 50th anniversary, achieving record-breaking sales and reaffirming our position as the leader in contraceptives.

In the realm of advocacy, our team displayed extraordinary dedication and courage. From petitioning the Supreme Court for the repeal of discriminatory laws to advocating for the removal of taxes on period products, we relentlessly pursued legislative and policy changes to uphold the rights of all individuals, especially the marginalised and vulnerable.

Furthermore, our efforts to strengthen the response to sexual and gender-based violence (SGBV) through the development of standard operating procedures (SOPs) and training initiatives underscore our commitment to fostering a safer and more inclusive society.

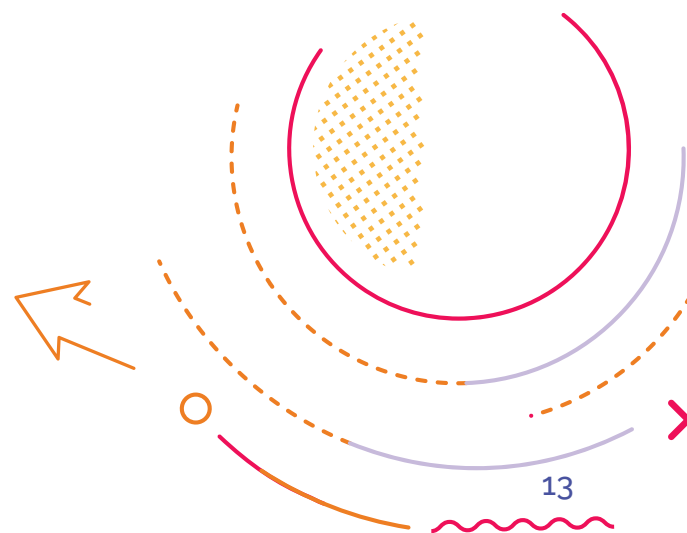
The Outreach Unit played a pivotal role in expanding access to SRHR services, particularly to vulnerable populations. The establishment of the service centre in the Kilinochchi district exemplifies our commitment to reaching vulnerable populations, while our partnerships with IPPF, UNFPA, the Global Fund and the Ministry of Health in Sri Lanka have enabled us to provide essential services to women, girls, and key populations across the island.

In the medical arena, our endeavours to deliver comprehensive Sexual and Reproductive Health and Rights services have yielded significant impact, particularly through mobile clinics and online counselling initiatives. Moreover, our dedication to staff development and awareness, exemplified by programmes on safeguarding and breast cancer awareness, reflects our commitment to holistic healthcare provision.

Our commitment to evidence-based practice is evident in our rigorous Monitoring, Evaluation and Research efforts. From district prioritisation strategies to impactful research publications, we continue to contribute to the knowledge base on Sexual and Reproductive Health and Rights interventions, ensuring that our programmes remain relevant and effective.

Several of our research findings have been showcased in esteemed publications such as the International Journal on Sexual and Reproductive Healthcare, the Journal of the College of Community Physicians of Sri Lanka, and the Asian Review of Social Sciences.

As we navigate the challenges ahead, I extend my heartfelt gratitude to our dedicated staff, partners and supporters, whose unwavering commitment drives our mission forward. Together, let us continue to champion Sexual and Reproductive Health, Rights and Justice, ensuring a brighter and healthier future for generations to come.



# Senior Management Team



**Dr. Ruchitha Perera**  
Executive Director



**Mr. Suhail Junaid**  
Director Marketing



**Ms. Sonali Gunasekera**  
Director - Advocacy







**Mr. Suchira Suranga**

Director - Organisational  
Learning & Evaluation



**Ms. Sureka Perera**

Director Finance



**Dr. Nuzrath Nasoordeen**

Director Medical

# Board of Directors





**Mr. K. Ramanaiash**  
Chairperson  
Policy & Strategy Committee



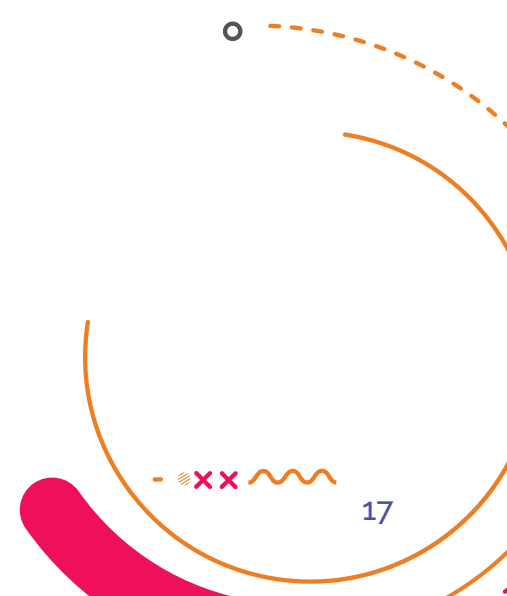
**Ms. Saymini Perera**  
Chairperson  
Youth Services Committee



**Mr. Chandima Gunawardena**  
Immediate Past President



**Dr. Ruchitha Perera**  
Executive Director - Ex-Officio





# Technical Committee Members

## Members of the Technical Advisory Committees for the Year 2022-2024

### SRH SERVICES COMMITTEE

- Prof. Sanath Lanerolle (Chairperson)
- Dr. Darshana Abeygunawardena
- Dr. Thiwanka Munasinghe
- Dr. Ruwan Silva
- Dr. Suranga Hettipathirana
- Dr. Sharada Jayalath
- Dr. Sanka Randenikumara

### TREASURY MANAGEMENT COMMITTEE

- Ms. Amali David (Chairperson)
- Mr. Nihal Wadugodapitiya
- Mr. Sanath Wijesinghe
- Mr. Tharindu Wijethunga
- Mr. Keith Bernard
- Ms. Samudika Mendis
- Ms. Thushari Steinwall

### MARCOM COMMITTEE

- Ms. Shehara De Silva (Chairperson)
- Ms. Shea Wickramasinghe
- Mr. Anver Dole
- Mr. Spencer Manuelpillai
- Ms. Anuki Premachandra
- Ms. Rehana Thowseek
- Dr. Pramilla Senanayake

### POLICY & STRATEGY COMMITTEE

- Mr. K. Ramanaish (Chairperson)
- Dr. Lakshman Senanayake
- Dr. Soma De Silva
- Mr. Nihal Dedigama
- Mr. Asith Hettiarachchi

### YOUTH SERVICES COMMITTEE

- Ms. Saymini Perera (Chairperson)
- Ms. Nilupuli Jayathilaka
- Ms. Dimalsha Dasanayake
- Ms. Kritaanjali Rathnasabapathy
- Ms. Geilee Skandakumar
- Ms. Venuri Kithara Bulegoda
- Mr. Malith Madhurandika

### NOMINATIONS & GOVERNANCE COMMITTEE



- Dr. Pramilla Senanayake (Chairperson)
- Ms. Shiranthini de Silva
- Dr. Lasantha Wickremesooriya
- Mr. Anton Thayalan
- Ms. Sapna Madhurangi

### INDEPENDENT AUDIT COMMITTEE



- Ms. Melanie Kanaka (Chairperson)
- Mr. V. Sivagurunathan
- Mr. Manohara S. Thilakawardena

### COMPANY SECRETARY



- Ms. Diani Mallavithanarachchi



Challenging times call for strategic thinking - and this realisation inspired a new 2023-28 strategic plan for The Family Planning Association of Sri Lanka under the theme, 'Boldly Beyond Boundaries'. The new plan marks a paradigm shift to focus on centre care on people, moving the sexuality agenda to reshape societal norms, while collaborating with a variety of community partners to position the organisation as a leading sexual health and reproductive rights provider.

## PILLAR 1 - CENTER CARE ON PEOPLE

Create an eco-system in Sri Lanka through boldly widening access, expanding choices and optimising advanced digital self-care by 2028, whereby every Sri Lankan can access quality SRH services- irrespective of their age, gender, sexual identity, ethnicity, religion, age and socio-economic status.

### WIDEN ACCESS

By 2028, all people in Sri Lanka will have equitable access to quality comprehensive sexual and reproductive health (SRH) services, regardless of their age, gender, sexual orientation, or socioeconomic status.

### EXPAND CHOICE

By 2028, FPASL will have a sustainable service delivery arm that provides a comprehensive range of sexual and reproductive health (SRH) products and services that are affordable and accessible to people of all income levels and fulfill the needs and wants of diverse clientele.

### ADVANCED DIGITAL SELF-CARE

By 2028, FPASL will have a comprehensive and innovative digital health platform that provides users with convenient and confidential access to a wide range of SRH services and information.

**JOURNEY OF REDISCOVERY** Pavani, a 29-year-old woman, sought counselling services from FPA's Ampara Service Delivery Point after facing emotional and physical abuse from her lover, who pressured her to abort her pregnancy. Despite the challenges, she chose to embrace motherhood for her second child. Already a single mother to a five-year-old daughter, Pavani turned to counselling to navigate her difficult circumstances and find support for her and her children's future. Through counselling, she was connected with a couple struggling with infertility, fostering a positive relationship between them and her newborn son. Telephone counselling services were provided due to distance, focusing on Pavani's spiritual and mental well-being.

After giving birth to a healthy baby boy, Pavani's well-being was prioritised through empathetic care and relationship building. Tailored measures were implemented based on positive Gender-Based Violence screening, including meditation sessions to address her health. Goal-oriented guidance was provided, ensuring the welfare of Pavani and her children, with additional support for her mother to ensure a holistic approach to their care and security.

## PILLAR 2 - MOVE THE SEXUALITY AGENDA

Champion advocacy to reshape societal norms and engage with youth to pave the way for a boldly progressive legal environment, fostering gender equality and empowering the youth with comprehensive and inclusive SRH information, education and services.

### GROUND ADVOCACY

By 2028, government of Sri Lanka protect and fulfil the sexual and reproductive health and rights of all and will have a more progressive legal and policy environment, or socioeconomic status.

### SHIFT NORMS

By 2028, gender norms will have shifted in the society and favourable laws are in place leading to gender equality and decrease in the prevalence of gender-based violence.

### ACT WITH YOUTH

By 2028, adolescents and young people in Sri Lanka will be empowered with knowledge, skills, and attitudes to make informed decisions about their sexual and reproductive health and rights while ensuring improved access to youth friendly SRH services.

**ADVOCATING WITH AND FOR THE LGBTIQ+ COMMUNITY** *In recent years, awareness of LGBTIQ+ rights in Sri Lanka has grown, thanks to various organisations and human rights efforts. However, actual implementation of strategies to protect these rights remains lacking, leading to ongoing discrimination against LGBTIQ+ individuals. To address this, the Universal Periodic Review (UPR), a UN initiative, currently in its fourth cycle, collaborated with FPA Sri Lanka and Équité Sri Lanka to advocate for LGBTIQ+ rights and document abuses.*

*During a pre-session in Geneva, a representative from FPA's Advocacy Unit presented findings from LGBTIQ+ consultations and met with delegates and advocates to garner support for Sri Lanka's upcoming UPR review. Key recommendations included decriminalising homosexuality, addressing stigma, and banning conversion therapies.*

## PILLAR 3 - SOLIDARITY FOR CHANGE

Boldly collaborate with partners across intersectional issues such as climate change, poverty etc. through strategic pathways; 'Support Social Movements', 'Build Strategic Partnerships', and 'Innovate and Share Knowledge' to amplify gender equality and SRHR.

### SUPPORT SOCIAL MOVEMENTS

Increased support for and empowerment of intersectional social movements in Sri Lanka, advocating for SRHR and gender equality, through amplifying voices, reinforcing political calls to action, and prioritising the protection of human rights defenders.

### BUILD STRATEGIC PARTNERSHIPS

The Sri Lanka national health system is strengthened through strategic collaboration, coordination, and filling gaps, while promoting discourse, sharing insights, and supporting community organisations, ultimately establishing long-term foundations for growth.

### INNOVATE AND SHARE KNOWLEDGE

Enhanced national mechanisms/ processes for generating and sharing knowledge on SRH have led to improved identification and implementation of innovative approaches in the sector.

**IMPROVED DATA QUALITY WITH MOBILE TECHNOLOGY** In 2011, FPA Sri Lanka introduced MEIMS to enhance operations. However, data collection remained semi-electronic, causing issues like data quality and delayed reporting. To tackle this, FPA M&E created the 'D2D Care' mobile app, replacing manual reporting and offering real-time data retrieval. It supports multiple languages, syncs with MEIMS, and works on Apple and Android devices. Its adoption improved service provision and enabled quicker decision-making via Power BI dashboards.

*"Reporting data right after meeting clients at their homes used to be time-consuming. With the D2D Care mobile app, it's become incredibly easy. Learning all its features was quick, and now I can use it effortlessly. Thanks to this app, even managing commodity stock and reporting data has become simpler, reducing the workload for data entry operators." - Madumali, Volunteer Health Assistant at the Koggala Service Delivery Point*

## PILLAR 4 - NURTURE OUR ASSOCIATION

Position FPA Sri Lanka as a leading SRHR service provider, advocator and Non-Governmental Organisation by focusing inwards to strengthen the association by building a strong identity and growth trajectory to ensure financial sustainability, diversity and inclusivity, while fostering a bold organisational culture.

### CHART OUR IDENTITY

By 2028, FPASL will position itself as the leading SRHR service provider, advocate, and premier NGO working in this space. The "Chart Our Identity" pathway focuses on positioning FPA Sri Lanka as the leading provider of sexual and reproductive health and rights (SRHR) services and a prominent advocate in the field. To achieve this by 2028, the pathway emphasises enhancing community perception, rebranding the organization, and building capacity among staff, volunteers, and partner organisations.

### GROW OUR ASSOCIATION

FPASL will be a more effective, efficient, sustainable, and growing organisation to meet the needs and wants of our clients.

### WALK THE TALK

We need to take a critical look at our own systems and processes to ensure we are living by our values in every respect. This includes evaluating our HRM systems and processes to eliminate any forms of unconscious bias and setting an example of inclusiveness and equity. (for example how do we institutionalise diversity to assure that Youth, PWD and LGBTQI+ are adequately represented within the permanent cadre and not just in the programme teams.

**THE SE HUB'S MARKET RESEARCH CONSULTANCY SUPPORT** *The Social Enterprise Hub (SE Hub) developed a comprehensive Market Research Framework (MRF) comprising globally recognised best practices and analytical tools for conducting industry-standard market research. Utilising this framework, the Hub provided consultancy support to carry out research tailored to the needs of IPPF Member Associations. The research findings and recommendations facilitated the development and implementation of business plans, guiding them toward their next steps.*

*"RHNK - Kenya had an exceptional experience with the market research study led by IPPF SE Hub. The consultants sensitised our core team on primary data collection using the Market Research Framework (MRF) and customised data collection tools, including online platforms like Google Forms. This streamlined our data-gathering process from network providers. The insights gained into market dynamics, customer needs, and competitor landscape are invaluable. The study's recommendations are guiding our strategic planning, stakeholder engagement, operational efficiency improvements, and risk mitigation efforts. We're confident these insights will propel RHNK's social enterprise towards sustainability"*

**Dr. Edison Omollo, Programs Director | Reproductive Health Network Kenya (RHNK)**  
**SE Model - The sale of SRH and non-SRH commodities via their extensive network of health provision centres (B2B model).**



# Operational Review



## Operational Review

### Overview

Despite the extremely challenging socio-economic conditions that prevailed through the year 2023, The Family Planning Association of Sri Lanka (FPA) navigated the year strongly, working in a focused manner on taking Sexual and Reproductive Health and Rights to the most vulnerable sections of society. The youth, in particular, faced social and economic pressures during the year and were supported by FPA to make better and informed choices about their sexual health and reproductive rights. Overall, the organisation remained agile and responsive to emerging challenges and engaged in greater collaboration with other organisations to achieve its goals.

# Operational Review

## ADVOCACY

FPA Sri Lanka's Advocacy mandate encompasses increasing political commitment to sexual and reproductive health access and education in the country in a sensitive yet courageous manner, to eliminate the stigma traditionally attached to these topics in society. The Association works closely with key community leaders and organisations to change traditional norms and attitudes towards eradicating unsafe abortion, liberalising abortion laws and working with the LGBTIQ+ community to address stigma and discrimination.

## Research Study on Abortion

Abortion is an essential component of women's and girl's health care, and by conducting studies on attitudes, it becomes easier to address unsafe abortions, especially since it is deemed a criminal offence in Sri Lanka. The research study by the advocacy unit on 'Understanding Abortion in Sri Lanka' provides insights into public perceptions and attitudes towards abortion. As part of the survey, 1,081 interviews across nine provinces and 11 focus group discussions were held.

## Findings

Attitudes towards abortion are usually impacted by cultural and religious influences, poverty, class and rural/urban environment. All factors that have a strong negative influence on accessing safe abortion. The study revealed that respondents' knowledge about abortion is limited in tandem with strong opposition towards legalising abortion among young and older individuals alike. These factors are a challenge for the advocacy unit to counter in its aim to mobilise public opinion towards legalising abortion.

The findings of the study indicate that medical abortions are quickly becoming the most common method of abortion, given the increase in availability of pills such as misoprostol. However, the task ahead for advocacy remains an uphill one, as abortion is unfortunately not seen from a rights-based perspective. Young people from rural areas feel abortions should be legalised only in the case of rape, incest and fetal abnormality. A majority of the respondents felt that legalising abortion would give young people too much freedom and increase the number of young unmarried girls engaging in risky sexual behaviours.

## New Communication Strategy Endorsed

Deeply ingrained attitudes about abortion can be changed only through education and engagement. During the year under review, the advocacy unit commissioned a media company to develop an abortion communication strategy and related abortion communication materials. The components are to be developed throughout 2024.

## Training Midwives

In Sri Lanka, midwives are a vital part of community-level maternal and child healthcare, and FPA Sri Lanka is committed to strengthening their capacity. Over 100 midwives were trained on various aspects related to sexual and reproductive health such as contraceptives, maternal health and youth-friendly health services. In 2023, 7 midwife Training of Trainers (ToT) sessions were conducted in collaboration with the Family Health Bureau in the Kilinochchi district.

## Period Poverty Project

FPA Sri Lanka, together with the Embassy of France in Sri Lanka and the Maldives, is working with 13 selected grantees on combatting period poverty through 'Collective Action Against Period Poverty' (CAAPP) initiative. The project, which commenced in August 2023, aims to make a significant impact on all menstruating individuals by improving menstrual health and hygiene, ending menstrual stigma and discrimination, realising human rights to water and sanitation, addressing the lack of adequate WASH facilities in schools, and changing societal perceptions of menstruation and womanhood. 'Period Proud', a mass advocacy event, was held to tackle stigma and discrimination regarding menstrual hygiene and to raise awareness.



CAAPP proudly concluded Q1, achieving key milestones in capacity development for over 40 NGOs on period poverty. 13 partner NGOs also successfully wrapped up their Q1 activities, showcasing dedication to our mission. The highlights included impactful awareness and Training of Trainers (ToT) sessions on menstrual hygiene, stigma and infrastructure development in schools. FPA Sri Lanka's media publications and ongoing work on sustainable menstrual products and disposal techniques amplify our commitment to eradicating period poverty by engaging social media consumers as well.



### RFSU Project - Implementing Impactful Projects with 4 Strategic Project Partners

Sexual and gender-based violence, sexual and reproductive health and rights in online space, LGBTIQ+ rights and early and forced child marriage are the key areas covered by the RFSU Sexual and Reproductive Health and Rights (SRHR) Project. This agenda is advanced by fostering deeper local narratives, networks and connections, whilst boosting youth change-makers to strengthen the SRHR agenda. The advocacy unit, with funding from RFSU, is promoting SRHR through a series of projects in partnership with five prominent organisations: Women in

Need, Équité Sri Lanka, The Grassrooted Trust, Hashtag Generation and the Family Health Bureau.

To combat Sexual and Gender-based Violence (SGBV), Women In Need (WIN) supported FPA Sri Lanka to improve the SGBV service provision at FPA service delivery centres by producing standard operating principles (SOPs) for counsellors in outreach centres. WIN developed Information, Education and Communication (IEC) materials on SGBV and SGBV-related services in three languages to be displayed at the service delivery centres, followed by training for all staff of the service delivery points on sex, gender, SGBV/OGBV and SOPs.

In partnership with Équité Sri Lanka, a SOGIE organisation that works on rights-based issues to eliminate discrimination against the LGBTIQ community, FPA Sri Lanka conducted 4 provincial-level meetings and one national level meeting to disseminate the findings of The Universal Periodic Review on decriminalisation.

Prioritising online safety, Hashtag Generation and FPA Sri Lanka analysed preliminary data across three social media platforms - Facebook, YouTube and TikTok - to identify the specific narratives which populate Sri Lankan social media regarding SRHR and their prevalence.

Further, FPA Sri Lanka and Grassrooted Trust, an SRHR organisation, collaborated to improve the overall quality of SRHR at Ibbagamuwa village in Kurunegala District.

A Qualitative Study on the Minimum Age of Marriage in Muslim Families in Sri Lanka was also conducted in the Eastern Province.

### Sustainability of HIV Services for Key Populations in Asia (SKPA)

Accelerating financial sustainability; Improving strategic information availability and use; Promoting programmatic sustainability; and Removing human rights and gender-related barriers to services were front and centre of the Baseline Assessment conducted during the year.

In addition, as part of the OPTIMA Allocative and Implementation Efficiency Study of Sri Lanka, the Optima modelling report offered a comprehensive analysis of the HIV epidemic, presenting valuable insights into the prevalence, incidence and barriers hindering prevention, treatment and care. It also attempts to provide a comprehensive understanding of the HIV situation in Sri Lanka and to develop effective strategies for addressing this public health challenge.

In the effort to establish financial sustainability, SKPA aims to develop accreditation standards for the CSOs working for the key populations, to prepare them for social contracting with the government. Hence, SKPA carried out a series of workshops focusing on accessing CSO contracting methods.



# Operational Review

## Community-led Monitoring

Community-led Monitoring (CLM) is an important aspect of community engagement in HIV programme delivery. It involves community-based organisations and members assessing the quality and accessibility of the HIV services they receive to advocate for improvements in service delivery. CLM is owned and led by the communities and they use this data to monitor the quality of the services they receive. This shifts the dynamic from service providers monitoring service quality to monitoring led by the people who use the services.

## Protecting the Rights of LGBTIQ+ People

LGBTIQ+ Decriminalisation of the Penal Code 365 and 365A (Repeal and amend the law) - Under the gender and human rights work, a workshop was held for key population members to strategise the way forward to repeal discriminatory laws.



## Youth Advocacy

Well-informed youth can be powerful agents of change in society amongst their peers. In order to harness this power, 30 youth from the Colombo district received three-day training on Comprehensive Sexuality Education (CSE). Information on LGBTIQ+ rights, gender, abortion, contraception, menstrual health, STDs, SGBV, online

GBV and endometriosis. Social media skills and other technical information relevant to SRHR was also shared with the participants. These youth are now empowered to drive social and behavioural change in their communities.



## GLOBAL FUND SUPPORTED NATIONAL HIV PREVENTION PROGRAMME FOR KEY POPULATIONS

The year under review witnessed an upward trend in HIV cases amongst the young population in Sri Lanka, necessitating an increased focus on outreach and testing among this high-risk demographic. Delivering community-based HIV prevention activities with the aim of early detection of new HIV cases, FPA Sri Lanka functions under the Ministry of Health of the Government of Sri Lanka, under the National STD-AIDS Control Programme (NSACP), which is the principal recipient of the Global Fund Grant. NSACP of the Ministry of Health is the government organisation that coordinates the national response to HIV and sexually transmitted infections (STDs) in Sri Lanka. As the sub recipient, FPA successfully achieved more than 90% of its annual financial performance budget goals.

FPA has been transitioning in the Global Fund HIV Prevention project in various capacities since 2012. Presently a

sub-recipient, it is focusing on service delivery and facilitating HIV prevention in the areas of Colombo and Gampaha, which are considered the epicentres of HIV in the country. Under the programme, FPA contracts community-based organisations in Colombo and Gampaha to engage the target population which encompasses female sex workers, transgenders, men having sex with men and injecting drug workers. FPA is also responsible for delivering a national service package under the grant to these key populations while linking them to community-based HIV or oral self-testing. In case of reactive tests (found via rapid test/self-test etc.), those clients are then linked to government STD clinics for further testing and confirmation.

The High Intense model in Colombo and Gampaha reported more than 100 new HIV screening reactive cases identified through various testing modalities. Real-time mapping, night-time mapping, talking to key informants, continuously identifying new networks, categories and hotspots at high risk for HIV, network tracing etc., were avenues used by FPA to engage, register and distribute condoms while urging them to visit government clinics. Night clinics, Sunday clinics and community and mobile clinics were held to attract at-risk populations who are usually reluctant to visit day clinics due to legal issues and social stigma. By being proactive, FPA is able to take HIV prevention to the doorstep of these high-risk segments rather than waiting for them to come to its clinics, so that they don't fall through gaps in the safety net of HIV prevention.



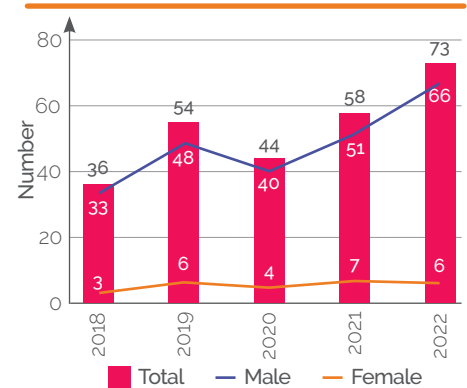


Unfortunately, primary prevention programmes in schools need greater implementation, since HIV/STI cases are on the rise among younger age groups as indicated by the latest national data. During the year under consideration, holiday clinics for PrEP (pre-exposure prophylaxis), which reduce chances of getting HIV from sex or injection drug use, continued in Colombo and Gampaha. A series of HIV testing clinics were conducted from November to December with the aim of reaching high-risk youth groups. Many HIV/STI cases were reported through these special clinics. The Sri Lanka Police and other local networks supported in creating awareness in the local areas.

The Global Fund continued to be a key source of support for Antiretroviral therapy (ART) drugs, which was critical during the economic situation faced by the country. With travel costs covered, the 3 PLHIV organisations were empowered to conduct many programmes to support people living with HIV (PLHIV), as the number of PLHIV members requesting ART travel support increased in the year 2023. Since ART stocks were limited in semester 1, PLHIV members had to make frequent visits to clinics to collect their drugs.

Reporting and recording was completed for all components in the National Monitor & Evaluation (M&E) system, Prevention Information Management System. Furthermore, the M&E team conducted Data Quality Assessment visits to all 8 SSRs in semester 2 of 2023, covering a wide range of areas and making recommendations to improve the quality of the programme. Capacity building efforts were sustained through the year, with NSACP/District STD clinics conducting refresher trainings on community-based testing and counselling skills in Colombo and Gampaha.

**No. and % of HIV diagnoses among young people (15-24-years), 2018-2022**



Source : NSACP

### World AIDS Day

World AIDS Day provides an opportunity to mobilise local and global awareness and support to stem the spread of HIV and highlights the need for sustained and stronger efforts. FPA mobilises all its resources to commemorate World AIDS Day every year. In 2023, under the leadership of NSACP, FPA held a series of HIV/AIDS special clinics in partnership with community-based partners in Colombo and Gampaha. Clinics were mainly conducted in hotspots in partnership with clinic staff and outreach workers. Night clinics were also conducted for the convenience of the high-risk populations with the support of Sri Lanka Police and other agencies under the Ministry of Health. This initiative was very successful in reaching new clients, some of whom had never been tested in STD clinics before. Furthermore, on 1 December 2023, NSACP with UNFPA, FPA and other partners organised an AIDS Day walk. The event created awareness of HIV prevention and testing activities. FPA's Social Marketing Programme sponsored the T-shirts for the event for more than 1000 participants. The participants included Ministry officials, Tri Forces, INGOs, NGOS, Community Organisations, Youth Organisations, Key population members and youth volunteers.





# Operational Review

## Testing Challenges

Number of Key Populations (KPs) who have tested for HIV and know their status by testing modalities in Colombo & Gampaha				
KP Type	HIV testing modalities			Total (D) = (A + B + C)
	CLT	GOSL HCW	HIV ST	
	(A)	(B)	(C)	
MSMs Tested	2017	1085	1281	4383
TGs Tested	349	124	302	775
FSWs Tested	1059	1176	677	2912
PWIDs Tested	135	496	81	712
	<b>3560</b>	<b>2881</b>	<b>2341</b>	<b>8782</b>

Diversifying outreach platforms, testing has gone beyond escorting target group to STD clinics to training them in community-based rapid testing within the community. This is a key development which should make it easier to identify more numbers from target groups. A free oral self-test is offered to high risk segments (key populations who request a self-test in their community settings). If reactive, they have to visit the government clinics for further confirmation. The outreach worker is providing assisted self-tests to ensure that reactive cases are linked to STD clinics for confirmation and treatment. In addition, outreach workers reached out to high risk community members, providing them with condoms and lubricants, and encouraged testing.

The PrEP programme faced many challenges, from increasing incidences of high risk behaviours from clients unwilling to use condoms due to misguided perceptions and poor attitudes, and being wary of ingesting pills. The preference for taking event-based PrEP was higher than taking a daily dose.

Amongst other challenges faced, outreach to the transgender community proved to be an uphill task due to social stigma and archaic attitudes towards this community, including police harassment and unsupportive families. As a result, there is greater reliance on peers or outreach workers to provide support by linking them to services. The advocacy unit has been active in conducting a series of programmes about rights of key populations.

### Virtual Outreach

Virtual outreach is a new indicator under the new Grant cycle, which envisions expanding the scope of outreach workers on to social media platforms such as Facebook, Grindr, Tinder and Instagram to share HIV preventive information. Sharing and discussing sensitive topics related to sexuality online proved difficult, yet the virtual outreach initiative is being fine-tuned for better impact. In this manner, FPA will be able to link them to HIV testing to bridge the gap between the government and the community.

FPA is also working to improve access and service delivery. Under NSCAP, FPA has strengthened its virtual outreach network through trained workers attached to each district Community-Based Organisation (CBO). The key is to offer balanced information and to maintain relationships so as to increase the number of vulnerable individuals opting to test for HIV.

### Screening of 'Swara'

In the year under review, FPA and NSACP supported the premier and community consultation of the movie, 'Swara', on 1 December 2023 at PVR cinemas. One Galle Face, along with other organisations. Featuring leading Sri Lankan actors, Swara was initially released in 2012 and hit the screen again after a hiatus of 12 years. The movie was produced by Nita Fernando and funded by Living Age Foundation, NSCAP, the Netherlands Embassy, Standard Chartered Bank and Sri Lanka Telecom.

SKPA-2 supported the community consultation and screening of the movie along with organisations working with key populations, Ministry of Health officials, PLHIV members, health service providers, youth organisations, social media and print media journalists, armed forces and many more key stakeholders to ensure accuracy. The movie shines a light on social issues with regard to people living with HIV/AIDS and deeply impacted the audience.



## OUTREACH

All activities of the Outreach Unit in 2023 were led by the motto, 'Leave No One Behind', in its commitment to provide essential Sexual and Reproductive Health (SRH) services to the unreached, rural, marginalised and underserved populations.

In addition to the Outreach Core Project, the unit was engaged in 8 major projects. In the Levi Strauss Project, SRH services are being provided to female factory workers through FPA Sri Lanka's Koggala, Wathupitiwala and Seethawaka service delivery points, which are situated in the export processing zones. The Levi Strauss Project will continue until 2025.

The RESPOND Project supported by the Department of Foreign Affairs and Trade (DFAT) provided essential SRH services to address the impact of COVID-19. In the final year of the project, significant achievements were recorded, since 99% of project targets were met.

Two projects, namely, Associate Clinics Project and the Comprehensive Sexuality Education (CSE) Project, were sustained through the year.



Another humanitarian project under the aegis of UNFPA continued in the early part of the year, in addition to 2 other humanitarian projects received from UNFPA.

The SPRINT Project for 2023 was also completed during the year.

The Outreach Unit achieved a significant milestone with the setting up of its newest service delivery point in the Kilinochchi district. Driven by its ultimate goal to reach the most underserved and marginalised populations, through the service delivery point, the unit was able to provide Sexuality and Reproductive Health (SRH) services to the most vulnerable populations in Jaffna, Mullaitivu and Kilinochchi districts. The centre was also able to provide trainings and capacity building programmes for health workers in the Northern Province. The setting up of the centre was supported by the UNFPA ENSURE Project.



- A total of 11,981 people received 70,306 SRH services through static clinics.
- Mobile clinics: Reached 19,236 people; Provided 124,014 SRH services under all projects; Total no. of mobile service sessions: 74, reaching 2,701 people and delivering 12, 107 SRH services.

- 17 Demand Generation Programmes, 206 Home Visits & 80 Home Deliveries conducted in 2023.
- Volunteer Health Workers in 2023: 130, who reached 31,243 clients and provided 86,809 services.
- CSE Project reached 5,813 youth through 38 programmes.

## Humanitarian Projects

The Outreach Unit implemented 4 Humanitarian Projects in the year 2023. While the UNFPA Crisis Response Project concluded in early 2023, the impact of the REACH Project under UNFPA is detailed below. The project is supported by DFAT to reach women, youth, girls and key populations in vulnerable communities through mobile clinics and various educational and capacity building programmes including youth camps. The outcomes:

- Reached 1,570 pregnant women through 55 awareness programmes on Maternal Danger Signals and 129 adolescent girls' health education programmes which reached 4,800 adolescent girls.
- 235 youth received SRH training through 11 capacity building programmes.
- A total of 22 Youth Camps reached 4,800 youth.



# Operational Review

## UNFPA-ENSURE Project

The ENSURE Project under UNFPA was supported by the Japanese Government. Through this project, essential sexual and reproductive health services were provided to the most vulnerable women and girls, with a particular emphasis on preventing maternal morbidity and mortality and gender-based violence. The services were provided in 5 provinces: Northern, Eastern, Central, North Western and Western provinces, covering Jaffna, Mullaitivu, Batticaloa, Kandy, Nuwara Eliya, Puttalam and Colombo districts.



In addition, Public Health Midwives (PHM) trainings were also conducted through this project. Under both REACH and ENSURE Projects, 1,215 midwives were trained through 35 capacity building programmes. Maternity and Dignity Kits distribution was also a part of the two projects, whereby 1,600 maternity kits and 825 dignity kits were distributed among pregnant women and girls respectively through service delivery points.



## SPRINT Project

The Sexual and Reproductive Health in Humanitarian Settings (SPRINT) Project aims to provide life-saving SRH services to affected populations in times of disasters. The project's primary objective is to ensure the successful implementation of the Minimum Initial Service Package (MISP) for SRH during emergency settings. Under this project, various training programmes and preparedness activities were conducted, including a Training of Trainers (ToT) on MISP for Sexual and Reproductive Health in Emergencies (SRHiE) for service delivery point managers and government officials; two youth training programmes; and internal staff capacity development programmes.

A milestone under the SPRINT Project was setting the groundwork for establishing FPA Sri Lanka's internal surge roster, which consists of a group of trained FPA Sri Lanka staff ready to be deployed to a humanitarian crisis anywhere in the world at short notice.

## Future Plans

FPA Sri Lanka is looking forward to continue with its essential service provision. At the same time, improvement in the existing service delivery strategies and expansion of service delivery locations is another

priority. Humanitarian projects will continue, reaching the most vulnerable and marginalised populations, while also attempting to adapt to the changing economic, political and environmental conditions in the country.

## MEDICAL

The Medical Unit undertakes outreach activities across a variety of touchpoints, including a Sexual and Reproductive Health (SRH) clinic at its headquarters, a counselling centre as well as static and mobile clinics. The Unit renders services at a subsidized rate, whilst also adhering to a non-refusal policy, at numerous locations in and out of Colombo in addition to the hotline. The Centre for Family Health, Happy Life Call Centre, SRH Institute and Alokaya Counselling Centre are its four sub-units.

The Centre for Family Health (CFH) offers a wide range of SRH clinical and laboratory services. Services were provided by the static clinic five days every week. On Saturdays, a special clinic supported by a restricted initiative - RESPOND - was held until the end of October 2023.

Furthermore, mobile clinics were organized during the year as part of the core grant activity, providing 2,741 services to 874 clients. CFH also provided 7,101 services to 1,934 clients through the static clinic at the FPA Sri Lanka headquarters during the year.

Moreover, CFH assisted 24 mobile clinics in the districts of Colombo, Puttalam and Anuradhapura, as well as 19 awareness-raising programmes that include four maternal danger signals for expectant women and 15 adolescents' health programmes for adolescent



girls. In addition, 13 health workers were assigned to CFH under UNFPA's Ensure and Reach projects and their work in the field was overseen by CFH. Also, two youth camps were conducted under the same project in Colombo and at the Meegoda Centre.

As part of the accrediting process, the Medical Unit reviewed the quality of care maintained by all seven Service Delivery Points of FPA Sri Lanka in the year. An ongoing regular review strategy for 2024 has been provided.

### Alokaya Counselling Centre

In keeping with the plan to increase counselling services, a senior psychological counsellor was recruited. In 2023, the Centre operated independently of the SRH institution. The static clinic offered a total of 3,248 services to 941 individuals, and another 574 hotline services to 351 individuals.

The introduction of virtual counselling sessions enabled access to services after clinic hours. The process of registering another organisation to serve as an associated clinic and to offer counselling services to workers was commenced in August 2023, with a total of two associated clinics under the Alokaya Counselling Centre for the year 2023.

Furthermore, eight programmes were delivered to different organisations and workplaces on different topics, such as awareness sessions on breast and cervical cancer, reproductive health, mental health, family relationships and sexually transmitted infections. The sessions were attended by over 3000 people.

### Happy Life Call Centre

During the year 2023, a total of 2,345 services were provided, including contraceptive product information, referrals and general SRH advice. A series of SRH awareness posts were also shared on social media, covering topics such as cervical cancer, menstrual hygiene, gender-based violence and youth SRH information.

Furthermore, Q&A sessions on breast cancer awareness were held for staff members in commemoration of Breast Cancer Awareness Week. Distinguished guest, Dr Yasanth Ariyaratne, Consultant Oncologist, shared insights on early signs and symptoms as well as available breast screening, which was followed by a Q&A session.



Happy Life continues to participate in promotional efforts and carried out three awareness programmes, with Happy Life booths placed at different events in Colombo.

### SRH Institute

In 2023, 15 activities were organised, comprising five study courses, five awareness programmes and five workshops. Counselling Certificate for PLHIV, a three-month course in Counselling Skills Development and a three-month course in Cognitive Behavioural Therapy were all completed. Psychopathology and Marriage Psychology were among the study courses that were launched in the last quarter of 2023.

During the period under review, a number of awareness activities, workshops and webinars were held for factory employees and their families, as well as schoolchildren, counsellors and institutions. In addition, two radio shows about stress, anxiety and family issues were broadcasted for the general public in collaboration with local radio station, Swadesha Sewa.



# Operational Review

## SOCIAL MARKETING PROGRAMME (SMP)

After facing several challenges in previous years due to the global pandemic and the economic crisis in Sri Lanka, the Social Marketing Programme (SMP) was anticipating a better 2023 year as the economy was showing an uptick. Unfortunately, escalating costs of imported products due to the devaluation of the Sri Lankan Rupee; rising operational costs due to increases in electricity and fuel tariffs; and higher selling price of products to cover the increased procurement costs led to a decline in disposable incomes.

### Performance

As a result of these unfavourable developments, many clients of FPA Sri Lanka became dependent on the government for free healthcare and moved away from high priced products to lower priced ones. This led to a drop in sales for some of FPA Sri Lanka's key brands, especially the Emergency Contraceptive Pill, Postinor-2 and Postinor One, which had to face severe competition from low priced products. Nevertheless, due to strong brand loyalty and trust in these products, clients reverted to these tried and tested brands as soon as distribution resumed after a couple of out-of-stock situations in the previous year.

Another product that saw a declining trend during the year under review was the Oral Contraceptive Pill, Mithuri. One of the main causes was that during the pandemic lockdowns, many clients who were ingesting Mithuri (a short-term contraceptive) had shifted to long-term contraceptive methods. In 2023, a gradual pickup of Mithuri sales was seen when compared to the previous year, but

sales still remain below the desired level. The pandemic gave rise to an increase in sales of long-term contraceptive methods such as Jadelle Subdermal Implants and intra uterine devices.

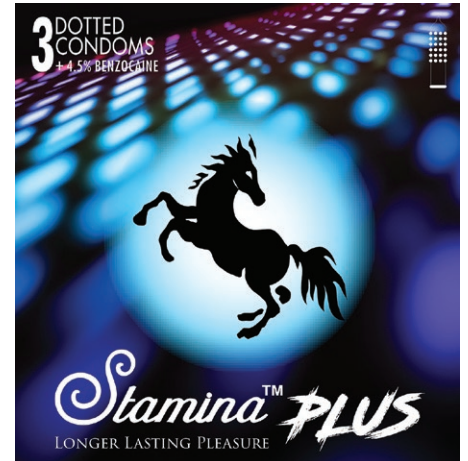
As a result of competition from low-priced generics, a downward trend in the sales of Medroxy injections was seen. Medroxy is a World Health Organization (WHO) prequalified product but remains slightly more expensive than the generics available in the market.

In 2023/24, SMP was able to exceed the budgeted revenue from Rs. 1.045 Bn to Rs. 1.170 Bn with a surplus of Rs. 329 Mn over budgeted surplus of Rs. 128 Mn. The main reason for the increase in the revenue was due to astute cost management, increase in sales of high value products and the appreciation of the LKR over USD in 2023.

During the year under review, condom sales showed an increase in comparison to the preceding year, especially the Preethi brand of condoms. This is the lowest-priced condom available in the market and demonstrated an increase of more than 40% over the previous year.

### New Products

In order to recapture this market, FPA Sri Lanka is planning to introduce upmarket contraceptive pills to enter a new market segment in this category. Since Mithuri is the lowest-priced Oral Contraceptive Pill, we do not see a big market opportunity in the lower segments unless we tap into customers who use free supplies distributed by the Ministry of Health.



*New product launched - Stamina Plus for longer-lasting pleasure*

### Distribution

Widening access to products marketed by SMP, the product range is now available across various e-commerce sites including Daraz, Kapruka etc, and also on FPA Sri Lanka's own e-commerce site 'Planet 361' for fast and reliable delivery of our contraceptives. In addition, customers in Colombo and its suburbs can order contraceptives through Pickme and Uber as well. Online ordering and delivery is gaining popularity as indicated by an increase in online sales of contraceptives.

SMP's success in mitigating challenges and achieving financial milestones was made possible through collaborative efforts of the Marketing/Sales, Credit Control, Finance, Stores and Packing and Transport teams. The support and guidance from the Senior Management Team, former and present Executive Directors, Board of Directors, MARCOM Technical Advisory Committee, and all FPA Sri Lanka support staff was crucial in navigating the complexities of the



year. Despite the obstacles faced, FPA Sri Lanka fulfilled its core objectives: ensuring financial stability, providing quality contraceptives at affordable prices and maintaining accessibility for clients.

## MONITORING, EVALUATION & RESEARCH

Playing a pivotal role in shaping FPA's strategic direction and impact, the Monitoring & Evaluation (M&E) unit contributed significantly to the advancement of the Sexual & Reproductive Health outcomes in Sri Lanka during 2023, which is amply reflected in the array of its accomplishments for the year. The unit furthered its commitment to monitor and evaluate the implementation of the strategic plan despite external challenges through evidence-based decision-making, rigorous evaluation methodologies and innovative research endeavours. In addition, the unit generates strategic information to develop programmes and for FPA to advocate for the government to take necessary action. Accountability and learning are the two steady pillars of M&E's initiatives throughout the year.

### Crafting the 2023-2028 Strategic Plan

2023 was a transformative year as the M&E unit concluded the final evaluation of the organisation's 2016-2022 strategic plan via an exhaustive process, marked by analysis and collaboration with stakeholders. The report was completed in April 2023. Further, macro environment screening or national level programme analyses were leveraged to identify future trends for the next five years based on which recommendations were made by the unit for formulating

the new strategy. The unit deployed its analytical expertise to identify strategic priorities through innovative approaches, ensuring that the new plan reflects a forward-looking vision for advancing SRH in Sri Lanka. The meticulous process not only provided insights into the plan's outcomes but also served as the foundation for crafting a visionary new strategy for 2023-2028, under the theme, 'Boldly Beyond Boundaries' with support from an external strategic plan consultant.

### Capacity-building Workshop

Results-based management and planning are crucial for any organisation as it ensures clarity of objectives, enhances accountability, fosters a culture of learning and adaptation, engages stakeholders transparently, measures success with indicators, aligns activities with strategic goals, facilitates evidence-based decision-making, and promotes sustainability.

A 'Results-Based Planning' workshop was conducted by the M&E unit as a transformative initiative to leave a lasting impact on the motivation and performance of the organisation's operational staff. By providing a structured and results-oriented framework, the workshop empowered the FPA team with the tools and insights necessary to develop plans based on expected results. Through interactive sessions and collaborative activities, the workshop not only instilled a shared understanding and vision among the staff, but it also cultivated a results-focused mindset. Another workshop was conducted to enhance capacity building of partner organisations as well.



### Evaluation & Research Studies

The M&E unit carried out routine organisational-level monitoring and reporting activities diligently throughout the year. These essential tasks spanned preparation of donor reports, routine progress reports, and the undertaking of monitoring visits. Despite the routine nature of these activities, their significance cannot be overstated, as they form the backbone of our commitment to transparency, accountability and effective communication with stakeholders. The M&E unit liaises with partner organisations to demonstrate FPA's accountability and ensure accuracy of information.

The pursuit of research studies and the generation of knowledge are vital components of impactful interventions and advocacy. In the year 2023, the M&E Unit demonstrated its commitment to advancing the academic discourse by making noteworthy contributions by publishing 5 research papers in local and international journals, as detailed here:

- ▶ 'Modeling time taken to HIV testing and uptake of test results: extension of the PWP model to handle time-dependent covariates' published in Bio-statistics & Epidemiology journal.

# Operational Review

- 'Unveiling Reproductive Choices: Knowledge and practices of Emergency Contraceptive Pills among the Female Factory Workers in Sri Lanka' published in Sexual & Reproductive Healthcare journal.
- 'Back to Square One: Attempted Legal Amendments and Abortion Practices in Sri Lanka' published in the Asian Journal of Education and Social Studies.
- 'Unheard voices: a cross-sectional study on the perception of Sri Lankan female factory workers towards the Abortion Law' published in the Journal of the College of Community Physicians of Sri Lanka.
- 'Risks and Consequences: An Analysis of Unintended Pregnancies and Unsafe Abortions among Female Factory Workers in Sri Lanka' published in the Asian Review of Social Sciences.

## Data Management

The M&E unit now has in place a data system to manage all performance data of the organisation - the D2D Care mobile application which was integrated with the Monitoring and Evaluation Information Management System (MEIMS) to monitor and evaluate the progress of its programmes. It is a useful knowledge source for stakeholders and an easy-to-use platform for service providers to enter performance data. This mobile application was implemented during the year under review and is poised to transform the delivery of sexual and reproductive healthcare services in Sri Lanka.

## Social Enterprise Acceleration Programme - SEAP

The Social Enterprise Acceleration Programme (SEAP) was established by the International Planned Parenthood Federation (IPPF) for the purpose of capacity building of its Member Associations (MAs) to apply entrepreneurial best practices in the health sector to deliver social value and improve lives. Since 2018, The Family Planning Association of Sri Lanka (FPASL) has functioned as IPPF's Social Enterprise Hub (SE Hub). The surplus income generated from social enterprise is used to finance social development, service delivery and humanitarian activities that enable the organisation to fulfil its social mission. The team works closely with the IPPF Secretariat to ensure the successful implementation of SEAP.

Additionally, the programme also fosters an environment of 'community of practice' by providing opportunities for MAs to share best practices and lessons learned with other associations. MAs are encouraged to systematically ideate, plan, incubate and test their social enterprises to meet the criteria for investment readiness. The SE Hub offers a range of services to MAs, including free consultation to enhance their commercial acumen coupled with instilling mindset building and confidence to diversify and develop existing opportunities or be ready to start from scratch.

Capacity-building and knowledge sharing help develop and deploy income-generating activities. This is done through workshops, ongoing one-on-one consultations, documentation reviews and the equipping of MAs with

an array of easy-to-use, customised online tools and platforms for internal and external use. On occasion, the roll-out of seed grants for start-ups and enterprises that are seeking to grow is also granted.



Every year, the SE Hub, charts out a calendar of activities to fulfill its vision. Some of the activities successfully concluded in 2023 are:

- Annual flagship SE capacity building workshop: 30 participants from 16 affiliated organisations representing all 6 IPPF regions participated in the 'Master's programme in Social Enterprises' or MSe: Global Workshop from 29th May - 9th June 2023, which was live-streamed from FPA Sri Lanka.
- Country-level visits were carried out at six MAs to help understand the MA SE concept in detail and the ground realities and restrictions better, assess the SE venture progress, customise the required technical trainings, make recommendations and help establish a stronger rapport with the MA staff.
- Small-scale financial/funding support was offered to 3 MAs for a period of 12 months (2023/24) to help develop/grow their social enterprises. These grants are investments towards organisational

sustainability with the potential for long-term community impact through income generated, thus being a steady income source for the Association in the future.

- Market Research consultancy support: A non-grant opportunity - 12 MAs have been supported across a two-year cycle on various SE models. The support includes the Hub undertaking market research on behalf of MAs with the support of an external consultancy team. This research and final recommendations will pave the way to support the MA in developing its business plan and implementing the next steps.
- Development and dissemination of multiple resources and publications: These resources include SE Performance Management Framework, Social Impact Assessment Framework, 'SEnopsis', SE storyboards, communications materials to strengthen various aspects of SE operations/ administration and also to promote peer-to-peer learning.

### Initiatives for 2024

A plethora of SE initiatives have been planned to ensure capacity building and support for MAs while working closely with those with the highest potential for scaling up.

Some of these activities include the annual two-week online Global Workshop held to inculcate, coach and enhance entrepreneurial knowledge and skills. In addition, research support and results from a market research consultancy will be analysed to support MAs in developing business plans and implementing the next steps.

Further, an enhanced study (phase 2) of the competency-related factors of MAs' management style compared to SEs will be conducted, including mapping the existing skills set with the desirable skills set.

Finally, a SE programme impact review will be conducted in 2024 to gather objective feedback from MAs on the support provided by the SE Hub and its impact.

### LEADERSHIP & GOVERNANCE

The 52nd Annual General Meeting was held successfully on 24th June 2023 at the Movenpick Hotel Colombo. FPA Sri Lanka's eminent Board of Directors drives good governance with key policy decisions to fulfil the organisation's goals and to maintain transparency and accountability, while the senior management team is responsible for operational decisions. There are five Technical Advisory Committees who are tasked with specific operational and administrative areas.



FPA Sri Lanka is an institution founded by volunteers 70 years ago and always values and strives to maintain the voluntary nature of the organisation through good governance. The most significant activity for this year was the awarding of the 'Certificate of Accreditation' to FPA Sri Lanka for the fourth time. International Planned Parenthood Federation (IPPF) requires FPA Sri Lanka to fulfill 10 fundamental principles and 33 standards to secure accreditation. The IPPF Accreditation team visited Sri Lanka in July 2023 for the fourth accreditation process, which was approved by the IPPF Board of Trustees on 24th November 2023 in London, UK.





# Operational Review

## HUMAN RESOURCE DEVELOPMENT

FPA Sri Lanka's multi-faceted, dedicated and service-oriented employees are akin to a large family bound by a common mission to take the Association's services to communities. A key asset, FPA Sri Lanka's staff strength in 2023 was 109 with an additional 18 project specific staff. Widely considered a preferred employer in the Non-Governmental Organisation (NGO) sector, FPA Sri Lanka is committed to continuous improvement to enhance the quality and capacity of its staff members through vital training programmes.

### Safeguarding the Workplace

In 2023, an awareness session was conducted on 'Workplace Safeguarding' for employees. The term 'safeguarding' refers to IPPF's commitment to protecting children and vulnerable adults from harm arising from coming into contact with IPPF and its Member Associations, thereby, addressing safeguarding, including prevention, reporting, response, governance and accountability. The workshop raised awareness about workplace safeguarding and introduced the reporting mechanism to create an organisational culture that strives to prevent abuse and respond quickly if it occurs.

### Enhancing Emergency Preparedness

Meanwhile, a fire evacuation and drill training session was also carried out to ensure employees are adequately prepared in case of such an emergency and remain safe.

## FPA Sri Lanka welcomes new Executive Director

Dr. Ruchitha Perera has taken over the mantle as Executive Director (ED) of the Association with effect from 1st October 2023 after the retirement of Ms. Thushara Agus, the former ED, who held this position for over 12 years and dedicated herself to furthering the influence and impact of FPA Sri Lanka. The staff welcomes Dr. Perera warmly and looks forward to his leadership as the new ED.

## Celebrating the Spirit of FPA through Cricket

'FPPL', a 7-a-side cricket tournament was initiated to coincide with FPA's 70th year of operations. It was designed as a sports and activity-based fellowship programme to build stronger ties amongst the staff. 'FPPL' provided an opportunity for FPA's workforce to enjoy a day of fun cricketing action, traditional Avurudu games and other activities to showcase their sporting prowess. Eight teams made up of 7 players each participated. The team names represented FPA Sri Lanka's Service Delivery Point (Clinics) locations together with product names. The recreational event was designed to encourage team spirit, participation, learning and understanding of each other's strengths and weaknesses.



### Staff Fellowship to mark 70th Anniversary

Under the theme, 'United to Serve', Board Presidents, Past Presidents and the ED together with senior management team and staff of FPA Sri Lanka gathered together on 9th December 2023 at Citrus Waskaduwa, to celebrate the achievements of the Association and its employees over seven decades. Furthermore, tokens of appreciation were bestowed on Past Presidents and Board Members for their voluntary service as staff past and present came together on one platform to commemorate the 70th anniversary of the Association. FPA's anniversary video was launched on the occasion to reflect on the Association's achievements and the future trajectory.



### Appreciating Long Service Members

Long service awards were bestowed on long serving staff members for 10, 15, 20 and 25 years to commemorate their loyalty to the Association and to appreciate their dedication to fulfilling FPA Sri Lanka's goals through their tireless efforts.

### SMP Sales Awards

The Social Marketing Programme also held an awards ceremony for its top sales personnel for 2022. The dynamic sales force is instrumental in distributing products through its islandwide dealer network.



Mr. Sandeep Samarasekara - Winner



Mr. Lahiru Kulasinghe - 1st Runner-up



Mr. Suranga Vithanage - 2nd Runner-up

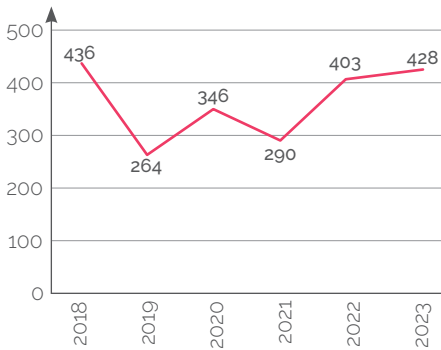


# Financial Review

## Donor Support

During the year under review, a total amount of Rs. 428 Mn was received as grants, of which 38% was from the International Planned Parenthood Federation (IPPF), 25% from The Global Fund and 28% from UNFPA, for providing essential Sexual and Reproductive Health services to women, girls youth and key populations. Other donors contributed another 11% for several other projects.

**Grant Received 2018-2023 (Rs. Mn)**



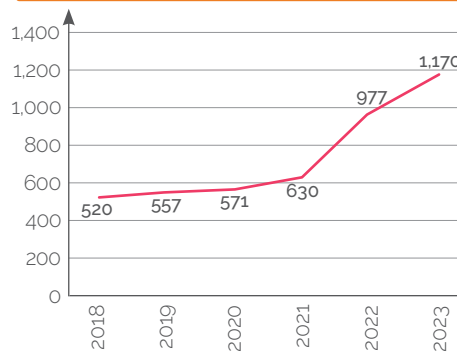
**Source of Grants - Year 2023 (Rs. Mn)**



## Revenue from Social Marketing of Contraceptives

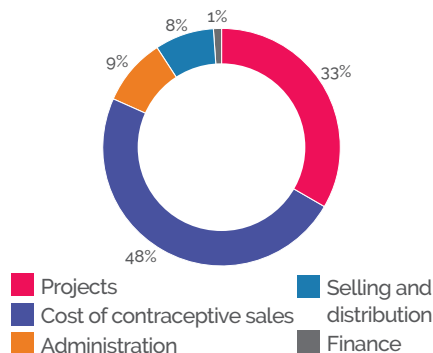
Social Marketing recorded a steady performance through the year. Revenue from the sale of contraceptives in the year 2023 increased by 20% compared to the previous financial year while maintaining a gross profit margin of 38%.

**Contraceptive Revenue 2018-2023 (Rs. Mn)**



## Operating Expenses

The project-related activities' expenses amounted to 33%, while the cost of contraceptive sales was 48% of the total expenses, which have increased on par with the revenue and incoming resources. The administration overheads amounted to 9% and selling and distribution costs amounted to 8% of the total operating expenses.

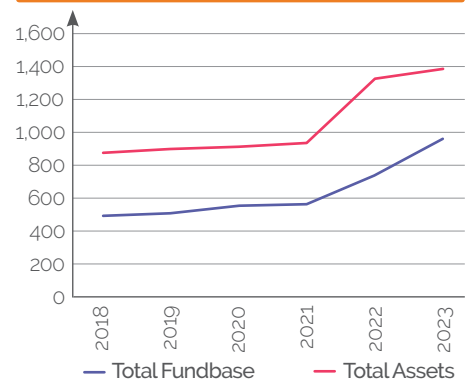


## Financial Position

FPA Sri Lanka's statement of financial position in the year under review continued to reflect strength and stability, proving that sound fundamentals, financial policies and strategies are key to the success of the organisation.

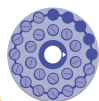
The Association's total Assets stood at Rs. 1,383Mn as of 31 December 2023, reflecting an increase of Rs. 55Mn over the previous year. The fund base increased up to Rs. 954 Mn in the current year.

**Total Fundbase Vs Total Assets (Rs. Mn)**



# Product Range

## Oral Contraceptives (OCP + ECP)



### Mithuri - Oral Contraceptive Pill

A combined Oral Contraceptive Pill (OCP) containing derivatives of the female hormone Oestrogen and Progesterin in low doses as Ethynyl Estradiol and Levonogestrel. Should be taken daily to avoid pregnancy. Consistent and correct use provides you with 99.9% effectiveness. Manufactured in Bangladesh by Renata Limited. Mithuri Has been used by Sri Lankan women for more than 50 years. There is no delay in conceiving after discontinuation of the pill.

### Postinor One - Emergency Contraceptive Pill

Postinor One is a single dose oral emergency contraceptive pill. This also should be taken within 72 hours of unprotected sexual intercourse. This regime allows you to take only 1 pill which is more hassle free than taking 2 pills. If taken early the effectiveness is definitely more. Does not cause an abortion and should not be used as a regular contraceptive method.

### Postinor - 2 - Emergency Contraceptive Pill

An emergency contraceptive pill to be taken within 72 hours of unprotected sexual intercourse - failure or incorrect use of a regular contraceptive, after rape or incest. You can either take both the tablets together or take one tablet and take the other one 12 hours later. Efficacy depends on the time of consumption. If taken early the effectiveness is definitely more. Does not cause an abortion and should not be used as a regular contraceptive method.

## Condoms

### Preethi

A condom made with natural latex rubber. Preethi could be used to avoid a pregnancy and for protection from sexually transmitted diseases.



### Preethi Super

Studded condoms made with natural latex rubber, with over 100 raised rubber "studs" in all the right places to intensify friction and sensitivity. There is more stimulation and satisfaction for both parties.

### Stamina

A condom containing Benzocaine along the inner surface of the condom, that helps delay the climax and prolong sexual excitement for longer lasting lovemaking. Benzocaine also helps prevent premature ejaculation and provides greater staying power.

### Stamina Plus

Stamina Plus for longer lasting pleasure condom in a natural rubber latex, 4.5% benzocaine lubricated male dotted condom with reservoir end that helps delay the climax and prolong sexual excitement for longer-lasting lovemaking. Benzocaine also helps prevent premature ejaculation and provides greater staying power.

### Rough Rider

Rough Rider Studded condoms feature hundreds of raised studs to offer maximum sensation and excitement which adds increased pleasure to intimate encounters.

### Life Style Mixed Berry

A tempting assortment of luscious flavors and colors for extra fun and excitement! Strawberry, Raspberry and Blueberry flavors and aromas to tantalize both of you. A condom which is a safe way to spice-up your sex life.

### SKYN

This is the latest in condom technology for a truly intimate sexual experience. Our SKYNFEEL material is soft and comfortable, for the most natural fit and feel. This is the closest thing to wearing nothing, premature ejaculation and provides greater staying power.

## Implants (Implants + IUD)



### Jadelle

An effective, reversible contraceptive method which is inserted just below the skin (subdermal). It is a long term reversible method which gives you protection for up to five years. Can be removed at any time before the completion of the 5 years when a pregnancy is desired. There is more than 99% effectiveness. Ability to become pregnant soon after removal is an advantage.



### Copper - T

The Copper T Intrauterine Device (IUD) is a small, "T-shaped" device, made of flexible plastic and wrapped in copper which is inserted into the uterus by a trained medical professional. It is hormone-free, so it does not alter a woman's natural menstrual cycle. The IUD can stay in place for at least 10 years and is a highly effective form of contraception. Ability to become pregnant soon after removal is an advantage.

## Contraceptive Injections



### Depo Medroxyprogesterone

Depo Medroxyprogesterone Acetate (DMPA), is a contraceptive injection for women that contains the hormone progesterin which is given as an injection once every three months. It is a highly effective contraceptive method. Manufactured by: Mylan Laboratories India Private Ltd.

## Lubricants

### Easy Glide Delay

Water soluble with desensitising cream for longer lovemaking, containing 5% Benzocaine. Brings you and your partner a satisfying and pleasurable experience. Manufactured by Karex Industries Sdn. Bhd, Malaysia.



### Easy Glide

A water soluble, non irritating and non staining lubricant. Provides you and your partner a satisfying and pleasurable time during the act of love making by moisturizing the vagina.





# Financial Report

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# Independent Auditors' Report



Ernst & Young  
Chartered Accountants  
Rotunda Towers  
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NDeS/DSM/PE

## TO THE BOARD OF DIRECTORS OF THE FAMILY PLANNING ASSOCIATION OF SRI LANKA

### Report on the audit of the Financial Statements

#### Opinion

We have audited the financial statements of The Family Planning Association of Sri Lanka ("Association"), which comprise the Statement of Financial Position as at 31 December 2023, and Statement of Income and Expenditure, Statement of Changes in Accumulated Funds and Statement of Cash Flows for the year then ended and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements give a true and fair view of the financial position of the Association as at 31 December 2023, and of its financial performance and its cash flows for the year then ended in accordance with Sri Lanka Accounting Standards for Small and Medium-Sized Entities (SLFRS for SME).

#### Basis for opinion

We conducted our audit in accordance with Sri Lanka Auditing Standards (SLAuSs). Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Company in accordance with the Code of Ethics for Professional Accountants (including Sri Lanka Independence Standards) and we have fulfilled our other ethical responsibilities in accordance with the Code of Ethics. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Other Matter

The Financial Statements of the Association for the year ended 31 December 2022 were audited by another auditor who expressed an unmodified opinion on those statements on 24 April 2023.

#### Responsibilities of management and those charged with governance for the financial statements

Management is responsible for the preparation of financial statements that give a true and fair view in Sri Lanka Accounting Standards for Small and Medium-Sized Entities (SLFRS for SME), and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Association or to cease operations, or has no realistic alternative but to do so. Those charged with governance are responsible for overseeing the Association's financial reporting process.

Partners: D K Hulangamuwa FCA FCMA LLB (London), A P A Gunasekera FCA FCMA, Ms. Y A De Silva FCA, Ms. G G S Manatunga FCA, W K B S P Fernando FCA FCMA, B E Wijesuriya FCA FCMA, R N de Saram ACA FCMA, Ms. N A De Silva FCA, N M Sulaiman ACA ACMA, Ms. L K H L Fonseka FCA, Ms. P V K N Sajewani FCA, A A J R Perera FCA ACMA, N Y R L Fernando ACA, D N Gamage ACA ACMA, C A Yalagala ACA ACMA

Principals: T P M Ruberu FCMA FCCA MBA (USJ-SL), G B Goudian ACMA, Ms. P S Paranavitane ACA ACMA LLB (Colombo), D L B Karunathilaka ACMA, W S J De Silva Bsc (Hons) - MIS Msc - IT, V Shakthivel B.Com (Sp)

A member firm of Ernst & Young Global Limited



### Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with SLAuSs will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with SLAuSs, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- ▶ Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- ▶ Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Association's internal control.
- ▶ Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- ▶ Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Association to cease to continue as a going concern.
- ▶ Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

### Report on other legal and regulatory requirements

As required by section 163 (2) of the Companies Act No. 07 of 2007, we have obtained all the information and explanations that were required for the audit and, as far as appears from our examination, proper accounting records have been kept by the Association.



22 April 2024  
Colombo

# Statement of Financial Position

As at 31 December 2023

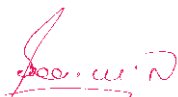
ASSETS	Note	2023 Rs.	2022 Rs.
<b>Non-Current Assets</b>			
Property, Plant and Equipment	3	41,421,473	36,627,916
Investment Property	5	206,879,241	218,084,417
Deferred Tax Assets	17	8,004,603	7,601,074
		<b>256,305,317</b>	<b>262,313,407</b>
<b>Current Assets</b>			
Inventories	6	214,726,305	197,071,292
Trade and Other Receivables	7	226,006,761	299,057,498
Investments	8	598,161,789	380,957,015
Cash and Cash Equivalents	9.1	87,661,496	188,108,568
		<b>1,126,556,351</b>	<b>1,065,194,373</b>
<b>Total Assets</b>		<b>1,382,861,668</b>	<b>1,327,507,780</b>
<b>FUNDS AND LIABILITIES</b>			
Unrestricted Fund		129,904,866	129,904,866
Special Reserve Fund	10	800,647,693	591,000,284
Endowment Fund	11	19,125,483	17,076,324
President's Discretionary Fund	12	4,534,178	4,048,373
<b>Total Funds</b>		<b>954,212,221</b>	<b>742,029,848</b>
<b>Non-Current Liabilities</b>			
Retirement Benefit Obligation	14	35,852,097	40,055,783
		<b>35,852,097</b>	<b>40,055,783</b>
<b>Current Liabilities</b>			
Trade and Other Payables	15	249,499,141	157,828,142
Deferred Income	13	125,260,647	166,946,683
Income Tax Payable	16.4	15,410,511	27,877,862
Short term Loans and Borrowings	18	-	186,200,500
Bank Overdraft	9.2	2,627,051	6,568,962
		<b>392,797,350</b>	<b>545,422,149</b>
<b>Total Funds and Liabilities</b>		<b>1,382,861,668</b>	<b>1,327,507,780</b>

These Financial Statements are in compliance with the requirements of the Companies Act No. 07 of 2007.



Executive Director

The Board of Directors is responsible for these financial statements. Signed for and on behalf of the Board by:



Finance Director



Director



Director

The accounting policies and notes on pages 48 through 66 form an integral part of the financial statements.

22 April 2024  
Colombo

# Statement of Income and Expenditure

Year ended 31 December 2023

	Note	2023 Rs.	2022 Rs.
Incoming Resources	19	449,398,548	331,053,802
Project Expenditure	20	(494,958,233)	(360,735,526)
<b>Deficit Over Project Expenditure</b>		<b>(45,559,684)</b>	<b>(29,681,724)</b>
Revenue from Contraceptives Sales	21	1,170,104,138	977,093,919
Cost of Contraceptives Sales		(721,946,718)	(603,934,563)
Gross Profit of Contraceptives Sales		448,157,420	373,159,356
Revenue Earned from Other Activities	22	44,205,637	33,383,452
Finance Income	23	70,058,093	38,448,841
Administrative Expenses	24	(136,050,177)	(97,080,882)
Selling and Distribution Expenses	25	(125,046,063)	(99,653,952)
Finance Expenses	26	(11,298,912)	(14,078,330)
<b>Surplus Before Taxation</b>		<b>244,466,313</b>	<b>204,496,760</b>
Income Tax Expense	17.2	(32,283,941)	(28,214,911)
<b>Surplus After Taxation</b>		<b>212,182,372</b>	<b>176,281,850</b>

The accounting policies and notes on pages 48 through 66 form an integral part of the financial statements.

# Statement of Changes in Accumulated Funds

Year ended 31 December 2023

	Unrestricted Fund	Special Reserve Fund	Endowment Fund	President's Discretionary Fund	Total
	Rs.	Rs.	Rs.	Rs.	Rs.
Balance as at 01 January 2022	129,904,866	416,981,795	15,246,718	3,614,619	565,747,998
Transfers to the Special Reserve Fund	(174,018,489)	174,018,489	-	-	-
Transfers to the Endowment Fund	(1,829,606)	-	1,829,606	-	-
Transfers to the President's Discretionary Fund	(433,754)	-	-	433,754	-
Surplus for the year	176,281,850	-	-	-	176,281,850
<b>Balance as at 31 December 2022</b>	<b>129,904,866</b>	<b>591,000,284</b>	<b>17,076,324</b>	<b>4,048,373</b>	<b>742,029,848</b>
Transfers to the Special Reserve Fund	(209,647,409)	209,647,409	-	-	-
Transfers to the Endowment Fund	(2,049,159)	-	2,049,159	-	-
Transfers to the President's Discretionary Fund	(485,805)	-	-	485,805	-
Surplus for the year	212,182,372	-	-	-	212,182,372
<b>Balance as at 31 December 2023</b>	<b>129,904,866</b>	<b>800,647,693</b>	<b>19,125,483</b>	<b>4,534,178</b>	<b>954,212,221</b>

The accounting policies and notes on pages 48 through 66 form an integral part of the financial statements.



# Statement of Cash Flows

Year ended 31 December 2023

	Note	2023 Rs.	2022 Rs.
<b>Cash Flows from Operating Activities</b>			
Surplus Before Taxation		244,466,313	204,496,760
<b>Adjustments for</b>			
Depreciation of Property, Plant and Equipments	3	9,079,192	8,102,014
Amortization of Intangible Assets - ERP System	4	-	-
Depreciation of Investment Property	5	11,205,176	11,205,176
Provision for Inventories		1,803,653	10,672
Bad Debt Provision Charge/ (Reversal)		108,732	(1,035,642)
Interest Income	23	(70,058,093)	(38,448,841)
Provision for Retirement Benefit Obligation - Gratuity	14	(5,502,137)	5,807,036
Interest Expense on Short Term Loans	27	11,298,912	14,078,330
Interest Expense on Import Loans under cost of Contraceptive Sales		-	-
Operating Surplus/(Deficit) Before Working Capital Changes		202,401,748	204,215,505
(Increase)/Decrease in Inventories		(17,655,013)	(133,659,679)
(Increase)/Decrease in Trade and Other Receivables		73,050,737	(161,084,883)
Increase/(Decrease) in Trade and Other Payables		91,671,000	19,269,777
<b>Cash Generated from/(used in) operations</b>		<b>349,468,471</b>	<b>(71,259,280)</b>
Interest Paid		(11,298,912)	(14,078,330)
Gratuity Paid	14	(9,705,824)	(2,894,253)
Income Tax Paid	16.4	(45,154,819)	(6,237,993)
Net Cash Generated from/(used in) Operating Activities		283,308,916	(94,469,856)
<b>Cash Flows From/(Used in) Investing Activities</b>			
Acquisition of Property, Plant and Equipment	3	(13,872,749)	(6,770,650)
Proceeds from Disposal of Property, Plant and Equipment		-	2,064
Interest Received	23	70,058,093	38,448,841
Investments in Fixed Deposits/ Treasury Bills		(217,204,774)	12,729,173
Withdrawal of Fixed Deposits/ Treasury Bills		9,091,890	-
Net Cash Generated from/(used in) Investing Activities		(151,927,540)	44,409,428
<b>Cash Flows From/(Used in) Financing Activities</b>			
Loans obtained during the year	18	-	172,319,087
Loans Settlements during the year	18	(186,200,500)	(83,298,980)
Funds Received during the year - Restricted Fund	14	366,248,521	379,792,884
Expenditure incurred from Restricted Fund	20	(407,934,557)	(308,115,118)
Net Cash Generated from/(used in) Financing Activities		(227,886,536)	160,697,873
<b>Net Increase/ (Decrease) in Cash and Cash Equivalents</b>		<b>(96,505,160)</b>	<b>110,637,444</b>
<b>Cash and Cash Equivalents at the Beginning of the Year</b>	9	<b>181,539,606</b>	<b>70,902,162</b>
<b>Cash and Cash Equivalents at the End of the Year</b>	9	<b>85,034,446</b>	<b>181,539,606</b>

The accounting policies and notes on pages 48 through 66 form an integral part of the financial statements

# Notes to the Financial Statements

Year ended 31 December 2023

## 1. CORPORATE INFORMATION

### 1.1 General

The Family Planning Association of Sri Lanka ("Association") is a Company limited by Guarantee incorporated on 24 August 1984 and domiciled in Sri Lanka. The registered office of the Association is located at No, 37/27, Bullers lane, Colombo 07 and the principal place of business is also situated at the same place.

### 1.2 Principal Activities and Nature of Operations

During the year, the principal activities of the Association were as follows:

- i. The formulation and development of Information, education and training programs including the application of audio visual and mass media materials.
- ii. The Provision of medical and clinical services, advice on family planning technology and maintenance of clinical service statistics.
- iii. The Promotion of national and local fund raising campaigns.
- iv. The assessment of the conduct and effect of the programs undertaken.

### 1.3 Date of Authorization for Issue

The financial statements of The Family Planning Association of Sri Lanka, for the year ended 31 December 2023 were authorized for issue in accordance with a resolution of the Board of Directors on 22 April 2024.

## 2. BASIS OF PREPARATION

The financial statements have been prepared on the historical cost except for defined benefit obligations which are measured at the fair value in the Statement of Financial Position.

### 2.1 Statement of Compliance

The Statement of Financial Position, Statement of Income and Expenditure, Statement of Changes in Accumulated Funds and Statement of Cash Flows, together with Accounting Policies and Notes, ("financial statements") of the Association as at 31 December 2023 and for the year then ended, comply in all material respects with the applicable Sri Lanka Accounting Standards for Small and Medium-sized Entities (hereafter "SLFRS for SMEs") issued by the Institute of Chartered Accountants of Sri Lanka and the requirements of the Companies Act No. 07 of 2007.

### 2.2 Functional and Presentation Currency

The Financial Statements are presented in Sri Lanka Rupees ( LKR ), which is the Association's functional currency. All amounts have been rounded to the nearest rupee unless stated otherwise.

### 2.3 Use of Estimation and Judgements

The Preparation of Financial Statements in conformity with SLFRS for SME requires management to make judgements, estimates and assumptions that affect the application of accounting policies and the reported amounts of Assets, Liabilities, Income and Expenses. Actual results may differ from these estimates.

Estimates and underline assumptions are reviewed on an ongoing basis. Revision to accounting estimates are recognized in the period in which estimates are revised and in any future periods affected.

### 2.4 Going Concern

The Board of Directors has made an assessment of Association's ability to continue as a going concern and are satisfied that it has the resources to continue in business for the foreseeable future. Furthermore, the Board is not aware of any material uncertainties that may cast significant doubt upon the Association's ability to continue as a going concern and they do not intend either to liquidate or to cease operations of the Association. Therefore, the financial statements continue to be prepared on the going concern basis.

## 2.5 Summary of Significant Accounting Policies

### 2.5.1 Foreign Currency Translation

Transaction in Foreign Currency are translated to the functional currency (LKR) of the Association at exchange rates at the dates of the transactions.

Monetary Assets and Liabilities denominated in foreign currencies are translated into the functional currency at the exchange at the reporting date.

Non-Monetary assets and liabilities that are measured at fair value in a foreign currency are translated into the functional currency at the exchange rate when the fair value was determined. Non-Monetary items in a foreign currency that are measured in terms of historical cost are translated using the exchange rate at the date of the transactions.

Foreign Currency differences are generally recognized in the Statement of Income and Expenditure.

### 2.5.2 Financial Instruments

#### 2.5.2.1 Non-derivatives Financial Assets

The Association Initially recognizes loans and receivables on the date when they are originated.

The Association derecognizes a financial asset when the contractual rights to cash flows from the asset expire, or it transfers the rights to receive the contractual cash flows in a transaction in which substantially all the risks and rewards of ownership of the financial asset are transferred. Any interest in such transferred financial assets that is created or retained by the Association is recognized as a separate asset or liability.

Financial assets and liabilities are offset and the net amount presented in the statement of financial position when, and only when, the Association has a legal right to offset the amounts and intends either to settle on a net basis or to realize the asset and settle the liability simultaneously.

#### a) Loans and Receivables

Loans and Receivables are financial assets with fixed or determinable payments that are not quoted in an active market. Such assets are recognized initially at fair value plus any directly attributable transactions costs. Subsequent to initial recognition, loans and receivables are measured at amortized cost using the effective interest method, less any impairment losses. The losses arising from impairment are recognized in Statement of Income and Expenditure.

#### b) Cash and Cash Equivalents

Cash and Cash equivalents comprise cash balances with maturities of three months or less from the acquisition date that are subject to an insignificant risk of changes in their fair value and are used by the Association in the management of its short-term commitments.

#### 2.5.2.2 Non-derivatives Financial Liabilities

All Financial liabilities are recognized initially on the trade date, which is the date that the Association becomes a party to the contractual provisions of the instruments. The Associations derecognizes a financial liability when its contractual obligations are discharged, cancelled or expire.

The Association classifies non-derivative financial liabilities into the other financial liabilities category. Such Financial liabilities are recognized initially at fair value less any directly attributable transaction costs.

Subsequent to initial recognition, these financial liabilities are measured at amortized cost using the effective interest method.

# Notes to the Financial Statements

Year ended 31 December 2023

## 2.5.3 Property, Plant and Equipment

Property, Plant and Equipment is measured at cost less accumulated depreciation and accumulated impairment losses. If significant part of an item of property, plant and equipment have different useful lives, they are accounted for as separate items (major Components) of property, plant and equipment.

Any gain or loss on disposal of an item of property, Plant and equipment is recognized in Statement of Income and Expenditures.

Subsequent expenditure is capitalized only if it is probable that the future economic benefits associated with the expenditure will flow to the Association.

The costs of the day-to-day servicing of property, plant and equipment are expensed as incurred.

Depreciation is calculated to write off the cost of items of property, plant and equipment less their estimated residual values using straight-line method over their estimated useful lives, and is recognized in profit or loss.

The estimated useful lives of property, plant and equipment are as follows:

Building	Lower of Lease Period or 20 Years
Other Equipment	04 Years
Audio and Video Equipment	04 Years
Furniture and Fittings	10 Years
Motor Vehicles	04 Years
Computer Equipment	04 Years

Depreciation methods, useful lives and residual values are reviewed at each reporting date and adjusted appropriately.

## 2.5.4 Intangible Assets

### a) Recognition and Measurement:

Intangible asset that are acquired by the Association and have finite useful lives are measured at cost less accumulated amortization and any accumulated impairment losses.

### b) Subsequent Expenditure

Subsequent Expenditure is capitalized only when it increases the future economic benefits embodied in the Specific asset to which it relates.

### c) Amortization

Amortization is calculated to write off the cost of intangible assets less their estimated residual value using the straight-line method over their estimated useful lives, and is generally recognized in Statement of Income and Expenditure. The Estimated useful life of intangible asset is as follow:

ERP System- SAGE Evolution	4 Years
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Amortization methods, useful lives and residual values are reviewed at each reporting date and adjusted if appropriate.

## 2.5.5 Investment Property

Investment Property is property held either to earn rental income or for capital appreciation or for both, but not for sale in the ordinary course of business, use in the production or supply of goods or services or for administrative purposes. Investment Property is measured at cost.



When the use of a property changes such that it is reclassified as property, plant and equipment, its carrying value at the date of reclassification becomes its cost for subsequent accounting.

### **2.5.6 Inventories**

Inventories are measured at the lower of cost and net realizable value.

The cost incurred in bringing inventories to its present location and conditions are accounted for using the actual cost on weighted average cost basis.

### **2.5.7 Impairment**

#### **2.5.7.2 Non-derivatives Financial Assets**

A financial asset not classified as at fair value through profit or loss is assessed at each reporting date to determine whether there is objective evidence of impairment.

Objective evidence that financial assets are impaired includes; default or delinquency by a debtor, restructuring of an amount due to the Association on terms that the Association would not consider otherwise, indications that a debtor or issuer will enter bankruptcy, adverse changes in the payment status of borrowers or issuers or the disappearance of an active market for a security.

#### **a) Financial Assets Measured at Amortized Cost**

The Association consider evidence of impairment for financial assets measured at amortized cost ( loans and receivables ) at both an individual asset and collective level. All individually significant assets are individually assessed for impairment. Those funds not to be individually impaired are then collectively assessed for any impairment that has been incurred but not yet identified. Assets that are not individually significant are collectively assessed for impairment. Collective assessment is carried out by grouping together assets with similar risk characteristics.

#### **b) Non-Financial Assets**

The carrying amounts of the Association's non-financial assets, other than inventories and deferred tax assets, are reviewed at each reporting date to determine whether there is any indication of impairment. If any such indication exists, then the asset's recoverable amount is estimated. An impairment loss is recognized if the carrying amount of an asset or cash generating unit ( CGU ) exceeds its recoverable amount.

The recoverable amount of an asset or CGU is the greatest of its value in use and its fair value less costs to sell. In assessing value in use, the estimated future cash flows are discounted to their present value using a pre-tax discount rate that reflects current market assessments of the time value of money and the risks specific to the asset or CGU. For the purpose of impairment testing, assets are grouped together into the smallest group of assets that generates cash inflows from continuing use that are largely independent of the cash inflows of other asset or CGU.

Impairment losses are recognized in the statement of Income and Expenditure.

### **2.5.8 Employee Benefits**

#### **a) Short-Term Employee Benefits**

Short-Term employee benefits obligations are expensed as the related service is provided.

#### **b) Defined Contribution Plans**

A Defined Contribution plan is a post-employment benefit plan under which an entity pays fixed contribution into separate entity and will have no legal or constructive obligation to pay further amounts.

All employees who are eligible for Employees' Provident Fund and Employees' Trust Fund are covered by relevant contribution plans and are recognized as an expense in statement of Income and Expenditure when incurred.

# Notes to the Financial Statements

Year ended 31 December 2023

## Employees' Provident Fund

The Association and employees contribute 12% and 8% respectively on the basis salary of each employee to the above mentioned fund.

## Employees' Trust Fund

The Association contributes 3% of the basic salary of each employee to the Employees' Trust Fund.

### c) Defined Benefit Plan- Gratuity

The Association annually measures the present value of the promised retirement benefits for gratuity, which is a defined benefit plan using the Projected Unit Credit method. The Projected Unit Credit method involves making assumptions about discount rates and future salary increments. The complexity of the valuation, the underlying assumptions and its long term nature, a defined benefit obligation are highly sensitive to changes in these assumptions.

The retirement benefit obligation is not externally funded.

### 2.5.9 Provision

A provision is recognized if the Association has a present legal or Constructive obligation as a result of a past event, and it is probable that an outflow of economic benefits will be required to settle the obligation.

### 2.5.10 Differed Income

When income from donor is restricted for specify activity and specific future accounting period, the income has been deferred and shown as a current liability.

### 2.5.11 Grants and Subsidies

Grants are recognized where there is reasonable assurance that the grant will be received and all attaching conditions will be compiled with. When the grant related to an expense item, it is recognized as income over the period necessary to match the grant on a systematic basis to the cost that it is intended to compensate.

Where the grant related to an asset, it is set up as deferred income. Where the Association receives non-monetary grants, the assets and that grant are recorded at nominal amount and is related to the statement of comprehensive income over the expected useful life of the relevant asset by equal annual installments.

### 2.5.12 Taxation

As per SLFRS for SMEs, tax expense is the aggregate amount included in determination of surplus or deficit for the period in respect of current and deferred taxes. Income tax expense is recognized in the statement of Income and Expenditure.

#### 2.5.12.1 Current Taxation

Current Tax is the expected tax payable on the taxable income for the year, using tax rates enacted or substantively enacted on the reporting date, and any adjustment to tax payable in respect of previous years.

Provision for taxation is based on the profit for the year adjusted for taxation purposes in accordance with the provision of the Inland Revenue Act No. 24 of 2017 and Subsequent amendments thereto.

The Association is Liable for income tax at the rate of 14% on the taxable profit on business and 30% on Investment Income.

The Association is liable for taxation at the rate of 30% of 3% of its grant income in accordance with the Inland Revenue Act No. 24 of 2017 and subsequent amendments thereto.

### 2.5.12.2 Deferred Taxation

Deferred tax is recognized in respect of temporary differences between carrying amounts of assets and liabilities for financial reporting purposes and the amount used for taxation purposes.

A deferred tax is recognized for unused tax losses, tax credits and deductible temporary difference to the extent that it is probable that future taxable profits will be available against which they can be utilized. Deferred tax assets are reviewed at each reporting date and are reduced to the extent it is no longer probable that the related tax benefit will be realized.

Deferred tax is measured at the tax rates that are expected to be applied to temporary differences when they reverse, using tax rates enacted or substantively enacted at the reporting date.

### 2.5.13 Funds

#### a) Unrestricted Funds

Unrestricted Funds are those that are available for use by the Association at the discretion of the management in furtherance of the general objectives of the Association and which are not designated for any specific purpose.

### 2.5.14 Revenue Recognition

Revenue is recognized to the extent that it is probable that the economic benefits associated with transaction will flow to the Association, and the revenue and associated costs incurred or to be incurred can be reliably measured. Revenue is measured at the fair value of the consideration received or receivable. Revenue is measured net of trade discounts, returns, rebates and value added taxes.

#### a) Sale of Goods

Revenue from the sale of goods is recognized when the significant risks and rewards of ownership of the goods have passed to the buyer, usually on dispatch of the goods.

#### b) Grants

Where income from donor is restricted for specific activity, it has been deferred and released into revenue as funds are expended on those specific activities.

#### c) Other Income

Interest income is recognized in Statement of Income and Expenditure as it accrues, using the effective interest method.

Gain on disposal of property, plant and equipment will be accounted for in the Statement of Income and expenditure, after deducting from the net sales proceeds on disposal of the carrying amount of such assets.

### 2.5.15 Expenditure Recognition

All expenditure incurred in the running of the business and in maintaining the capital assets in a state of efficiency have been charged to income in arriving at the excess income over expenditure for the year.

#### a) Finance Cost

Finance cost comprise interest expense on borrowings.

# Notes to the Financial Statements

Year ended 31 December 2023

## 3. PROPERTY, PLANT AND EQUIPMENT

Gross Carrying Amounts	Balance as at 01.01.2023	Additions made during the year	Disposals	Balance as at 31.12.2023
At Cost	Rs.	Rs.	Rs.	Rs.
Freehold Land	665,780	-	-	665,780
Buildings	50,835,419	-	-	50,835,419
Furniture and Fittings	3,946,690	628,095	-	4,574,785
Other Equipment	34,214,704	7,149,235	-	41,363,939
Audio and Video Equipment	1,215,145	-	-	1,215,145
Motor Vehicles	54,750,625	-	-	54,750,625
Computer Equipments	30,583,093	6,095,419	-	36,678,512
<b>Total Gross Carrying Amount</b>	<b>176,211,456</b>	<b>13,872,749</b>	<b>-</b>	<b>190,084,205</b>

Depreciation	Balance as at 01.01.2023	Charge for the year	Disposals	Balance as at 31.12.2023
At Cost	Rs.	Rs.	Rs.	Rs.
Buildings	28,059,956	1,906,969	-	29,966,925
Furniture and Fittings	3,581,598	116,813	-	3,698,411
Other Equipment	27,308,941	3,459,871	-	30,768,812
Audio and Video Equipment	1,215,145	-	-	1,215,145
Motor Vehicles	54,086,619	664,007	-	54,750,625
Computer Equipments	25,331,282	2,931,533	-	28,262,814
<b>Total Depreciation</b>	<b>139,583,540</b>	<b>9,079,192</b>	<b>-</b>	<b>148,662,732</b>

Net Book Values	2023	2022
At Cost	Rs.	Rs.
Freehold Land	665,780	665,780
Buildings	20,868,494	22,775,463
Furniture and Fittings	876,374	365,092
Other Equipment	10,595,127	6,905,763
Audio and Video Equipment	-	-
Motor Vehicles	-	664,006
Computer Equipments	8,415,697	5,251,811
<b>Total Carrying Amount of Property, Plant and Equipment</b>	<b>41,421,473</b>	<b>36,627,916</b>



- 3.1 Buildings of the Association includes a building which has been constructed on Leasehold Land at Bullers Lane, Colombo 07 (Land No. 2872 obtained from the Government of Sri Lanka). Initial Lease Agreement has been expired on 11 August 2000 and by a letter dated on 02 August 2006, Ministry of Agriculture, Lands, Animal Production and Health, Irrigation and Tourism (Western Province) confirmed that lease agreement extended to another 30 Years. However, No new agreement has been signed by the two parties as at reporting date. The Association pays Lease Rental per annum amounted to Rs. 500,000 for using land.
- 3.2 During the financial year, the Association acquired Property, Plant and Equipment to the aggregate value of Rs. 13,872,749 /- (2022 - Rs. 6,770,650 /-). Cash payments amounting to Rs. 13,872,749 /- (2022 - Rs. 6,770,650/-) were made during the year for purchase of Property, Plant and Equipment.

3.3 The useful lives of the assets are estimated as follows:

	2023	2022
Buildings	Lower of Lease Period or 20 Years	Lower of Lease Period or 20 Years
Furniture and Fittings	04 Years	04 Years
Other Equipment	04 Years	04 Years
Audio and Video Equipment	10 Years	10 Years
Motor Vehicles	04 Years	04 Years
Computer Equipments	04 Years	04 Years

#### 4. INTANGIBLE ASSETS

Gross Carrying Amounts	Balance as at 01.01.2023	Additions made during the year	Disposals	Balance as at 31.12.2023	
At Cost	Rs.	Rs.	Rs.	Rs.	
Enterprise Resources System - Sage Evolution	6,800,174	-	-	6,800,174	
	6,800,174	-	-	6,800,174	
Amortization	Balance as at 01.01.2023	Charge for the year	Disposals	Balance as at 31.12.2023	
At Cost	Rs.	Rs.	Rs.	Rs.	
Enterprise Resources System - Sage Evolution	6,800,174	-	-	6,800,174	
	6,800,174	-	-	6,800,174	
Net Book Values				2023	2022
At Cost				Rs.	Rs.
Enterprise Resources System - Sage Evolution				-	-
				-	-

# Notes to the Financial Statements

Year ended 31 December 2023

## 5. INVESTMENT PROPERTY

Gross Carrying Amounts	Balance as at 01.01.2023	Additions made during the year	Disposals	Balance as at 31.12.2023
At Cost	Rs.	Rs.	Rs.	Rs.
Land	39,739,000	-	-	39,739,000
Building	224,103,517	-	-	224,103,517
	263,842,517	-	-	263,842,517

Depreciation	Balance as at 01.01.2023	Charge for the year	Disposals	Balance as at 31.12.2023
At Cost	Rs.	Rs.	Rs.	Rs.
Building	45,758,100	11,205,176	-	56,963,276
	45,758,100	11,205,176	-	56,963,276

Net Book Values	2023	2022
At Cost	Rs.	Rs.
Land	39,739,000	39,739,000
Building	167,140,241	178,345,417
	206,879,241	218,084,417

5.1 Association leased out a building and Land situated in Narahenpita, Association gave this building to Dialog Axiata PLC and Continental Insurance Company. Association earned rental income of Rs. 10,022,000/- ( 2022- Rs. 2,317,307/- ) during the year. The Building is depreciated at 5% annually.

## 6. INVENTORIES

	2023	2022
	Rs.	Rs.
Contraceptives	212,507,836	193,221,277
Packing Materials and Pharmaceutical Items	3,204,699	3,013,183
Stationery and Other Items	858,799	878,207
	216,571,333	197,112,667
Provision for Inventories	(1,845,028)	(41,375)
	214,726,305	197,071,292

## 7. TRADE AND OTHER RECEIVABLES

	2023 Rs.	2022 Rs.
Trade Debtors	139,217,390	176,342,924
Provision for Bad and Doubtful Debts	(2,121,574)	(2,012,842)
	137,095,816	174,330,082
Advances paid to Suppliers	38,840,605	104,104,799
Staff Loans	475,000	490,000
Prepayments	5,700,101	7,478,503
Other Receivables	43,895,240	12,654,114
	<b>226,006,761</b>	<b>299,057,498</b>

## 8. INVESTMENTS

	2023 Rs.	2022 Rs.
Investment on Fixed Deposits	561,391,251	355,184,254
Call Deposits	-	241,605
Interest Receivable	36,770,538	25,531,156
	<b>598,161,789</b>	<b>380,957,015</b>

## 9. CASH AND CASH EQUIVALENTS

	2023 Rs.	2022 Rs.
<b>9.1 Favorable Cash and Cash Equivalents</b>		
Cash and Bank - FPA	6,099,817	2,910,291
Money market Account - FPA	18,091,963	63,693,989
Savings Account - FPA	1,916,760	2,360,079
Cash and Bank - Global Fund Grant	31,231,998	103,726,908
Cash and Bank - SKPA Grant	30,320,958	15,417,301
	<b>87,661,496</b>	<b>188,108,568</b>
<b>9.2 Unfavorable Cash and Cash Equivalents</b>		
Bank Overdraft	(2,627,051)	(6,568,962)
	<b>(2,627,051)</b>	<b>(6,568,962)</b>
<b>Cash and Cash Equivalents for the Purpose of Cash Flow Statement</b>	<b>85,034,446</b>	<b>181,539,606</b>

# Notes to the Financial Statements

Year ended 31 December 2023

## 10. SPECIAL RESERVE FUND

	2023 Rs.	2022 Rs.
Balance at the beginning of the year	591,000,284	416,981,795
Transferred from Unrestricted Fund	209,647,409	174,018,489
Balance at the End of the year	800,647,693	591,000,284

## 11. ENDOWMENT FUND

	2023 Rs.	2022 Rs.
Balance at the beginning of the year	17,076,324	15,246,718
Transferred from Unrestricted Fund	2,049,159	1,829,606
Balance at the End of the year	19,125,483	17,076,324

## 12. PRESIDENT'S DISCRETIONARY FUND

	2023 Rs.	2022 Rs.
Balance at the beginning of the year	4,048,373	3,614,619
Transferred from Unrestricted Fund	485,805	433,754
Balance at the End of the year	4,534,178	4,048,373

## 13. DEFERRED INCOME

Donor Organization	Balance as at 01.01.2023 Rs.	Funds Received during the year Rs.	Funds Returned Rs.	Transferred to Statement of Comprehensive Income Rs.	Balance as at 31.12.2023 Rs.
International Planned Parenthood Federation (IPPF)	27,143,201	122,849,658	-	(131,635,307)	18,357,552
Joint United Nations Programmed on HIV/ AIDS (UNAIDS)	28,140	-	-	-	28,140
United Nations Population Fund	8,160,479	119,941,998	-	(91,608,711)	36,493,765
Global Fund	121,492,224	105,443,761	(20,741,988)	(143,539,163)	62,654,834
Other Donors	10,122,639	38,755,092	-	(41,151,375)	7,726,356
	166,946,683	386,990,509	(20,741,988)	(407,934,557)	125,260,647

#### 14. RETIREMENT BENEFIT OBLIGATIONS - GRATUITY

	2023 Rs.	2022 Rs.
Balance at the beginning of the year	40,055,783	37,143,000
Provision for the year	5,502,137	5,807,036
Payment made during the year	(9,705,824)	(2,894,253)
<b>Balance at the End of the year</b>	<b>35,852,097</b>	<b>40,055,783</b>

##### 14.1 Principal Assumptions

Expected Annual average Salary Increment Rate (%)	10%	5%
Discount Rate (%)	12.7%	18.5%
Staff Turnover Factor (%)	11%	9%
Maximum Retirement Age of the Employees	60 Years	60 Years

#### 15. TRADE AND OTHER PAYABLES

	2023 Rs.	2022 Rs.
Trade Creditors	155,530,291	90,127,270
Rent received in Advance	7,662,000	7,292,000
Security Deposits Payable	5,178,740	4,047,896
Accrued Expenses	22,100,004	45,153,230
Sundry Creditors	59,028,107	11,207,747
	<b>249,499,141</b>	<b>157,828,142</b>

#### 16. INCOME TAX

	2023 Rs.	2022 Rs.
<b>16.1 Income Tax Expense</b>		
Income Tax on Current year Surplus (Note 16.2)	31,751,052	30,941,820
NGO Tax on Grants Received (Note 16.3)	948,994	1,558,670
Under/ (Over) Provision	(12,576)	-
Deferred Tax Charge/ (Reversal) during the year (Note 17)	(403,529)	(4,285,580)
<b>Income Tax Expense for the year</b>	<b>32,283,941</b>	<b>28,214,911</b>



# Notes to the Financial Statements

Year ended 31 December 2023

## 16. INCOME TAX (Contd...)

	2023 Rs.	2022 Rs.
<b>16.2 Reconciliation between Accounting Profit to Income Tax</b>		
Surplus before taxation	244,466,313	204,496,760
Adjustment on Disallowable Expenses	416,647,834	333,844,903
Adjustment on Allowable Expenses	(445,774,633)	(321,797,758)
Profit on Trade or Business	215,339,514	216,543,905
Investment Income	(10,022,000)	2,317,307
<b>Taxable Income</b>	<b>205,317,514</b>	<b>218,861,212</b>
Income Tax on rate of 14%	28,744,452	30,316,147
Income Tax on rate of 24%	-	278,077
Income Tax on rate of 30%	3,006,600	347,596
<b>Income Tax on Current year Surplus</b>	<b>31,751,052</b>	<b>30,941,820</b>
<b>16.3 NGO Tax</b>		
Grants Received from Global Fund	105,443,761	192,428,348
Deemed Profit on Fund Received at 3%	3,163,313	5,772,850
NGO Tax on Fund Received at 24%	-	692,742
NGO Tax on Fund Received at 30%	948,994	865,928
NGO Tax on Grants Received	948,994	1,558,670
<b>16.4 Income Tax Payable</b>		
Balance at the beginning of the year	27,877,861	1,615,365
Income Tax Expense for the year	32,687,470	32,500,489
Payments made during the year	(45,154,819)	(6,237,993)
<b>Balance at the end of the year</b>	<b>15,410,511</b>	<b>27,877,861</b>

## 17. DEFERRED TAX

	2023 Rs.	2022 Rs.
Deferred Tax Asset		
Balance at the beginning of the year	7,601,074	3,315,494
(Charge)/ Reversal made during the year	403,529	4,285,580
Balance at the end of the year	8,004,603	7,601,074

	2023		2022	
	Temporary Differences Rs.	Tax Effect at 30% Rs.	Temporary Differences Rs.	Tax Effect at 14% Rs.
17.1 Deferred Tax Assets, Liabilities and Income Tax related to the following:				
Property, Plant and Equipments	(13,136,691)	(3,941,007)	(14,718,872)	(4,415,661)
Defined Benefit Obligation	35,852,097	10,755,629	40,055,783	12,016,735
Provision for Inventories	1,845,028	553,508	-	-
Provision for Bad and Doubtful Debts	2,121,574	636,472	-	-
Net Deferred Tax Asset/ (Liability)	26,682,008	8,004,602	25,336,911	7,601,074

## 18. LOANS AND BORROWINGS

	2023 Rs.	2022 Rs.
Short Term Loans	-	186,200,500
	-	186,200,500

## 19. INCOMING RESOURCES

	2023 Rs.	2022 Rs.
Restricted Funds (Note 13)	407,934,557	308,115,118
Unrestricted Funds - Core Grant	41,388,992	22,938,684
Government Grant	75,000	-
	449,398,548	331,053,802

# Notes to the Financial Statements

Year ended 31 December 2023

## 20. PROJECT EXPENDITURE

	2023 Rs.	2022 Rs.
Restricted Projects		
Global Fund - ATM	101,625,917	108,546,194
Global Fund - SKPA	41,913,246	12,799,574
IPPF Projects	131,635,308	152,721,272
Other Projects	132,760,085	34,048,078
	<b>407,934,556</b>	<b>308,115,118</b>
Unrestricted Projects		
Chinthana Training Centre	8,041,589	4,078,237
Communication Unit	5,542,975	2,535,882
Youth Project	1,764,856	931,526
SRH Institute	3,418,092	2,451,749
Advocacy Unit	15,146,023	5,815,536
Centre for Family Health	14,613,221	9,346,044
Outreach Unit	35,951,063	25,960,882
Comprehensive Sexual Education Programme	2,185,696	1,300,876
Associated Clinics Project	360,162	199,676
	<b>87,023,677</b>	<b>52,620,408</b>
	<b>494,958,233</b>	<b>360,735,526</b>

## 21. REVENUE FROM CONTRACEPTIVE SALES

	2023 Rs.	2022 Rs.
Sales - Contraceptives	1,170,104,138	977,093,919
	<b>1,170,104,138</b>	<b>977,093,919</b>

## 22. REVENUE EARNED FROM OTHER ACTIVITIES

	2023 Rs.	2022 Rs.
Training Services Income	3,130,093	3,172,038
Fund Raising Income	5,292,530	2,408,604
Clinic Income	4,025,741	1,332,015
Rent Income	10,022,000	2,317,307
Project Income	4,023,193	6,994,404
Exchange Gain	17,035,961	13,961,708
Reversal of Bad and Doubtful Debt	-	975,479
Miscellaneous Income	676,120	2,221,897
	<b>44,205,637</b>	<b>33,383,452</b>

## 23. FINANCE INCOME

	2023 Rs.	2022 Rs.
Interest Income on Fixed Deposits	70,058,093	38,448,841
	<b>70,058,093</b>	<b>38,448,841</b>

## 24. ADMINISTRATIVE EXPENDITURE

	2023 Rs.	2022 Rs.
Personnel and Employee Benefits	69,484,618	49,116,943
Bank Charges	1,423,544	3,126,648
Travel and Perdiem Expenses	2,601,699	2,517,902
Vehicle Running Costs	6,555,040	2,409,590
Printing and Stationery	2,066,632	954,334
Consumables	2,762,178	2,805,966
Communication	4,975,289	5,917,039
Depreciation and Amortization	20,284,368	19,307,190
Audit Fees and Expenses	950,000	891,006
- Under Provision	1,105,000	-
Consultancy and Professional Fees	2,712,660	1,143,207
Building and Equipment Maintenance	13,702,405	5,028,976
Insurance	2,900,649	2,017,030
Development Activities	6,757,219	3,982,373
Social Security Tax	394,207	640,042
Occupancy Cost - Transferred to Projects	(2,625,333)	(2,777,364)
	<b>136,050,177</b>	<b>97,080,882</b>

# Notes to the Financial Statements

Year ended 31 December 2023

## 25. SELLING AND DISTRIBUTION EXPENDITURE

	2023 Rs.	2022 Rs.
Personnel and Employee Benefits	31,395,466	23,209,364
Travel and Perdiem Expenses	13,477,164	10,552,248
Vehicle Running Costs	25,961,846	24,844,568
Printing and Stationery	307,318	634,839
Promotional Expenses	46,440,559	35,961,070
Building and Equipment Maintenance	1,421,409	661,267
Consultancy and Professional Fees	3,369,465	2,682,920
Insurance	-	569,960
Event facilities	1,753,218	-
Occupancy cost	300,000	-
Communication	62,808	80,065
Consumables	556,810	457,651
	<b>125,046,063</b>	<b>99,653,952</b>

## 26. FINANCE EXPENSES

	2023 Rs.	2022 Rs.
Interest Costs on Short Term Loan	11,298,912	14,078,330
	<b>11,298,912</b>	<b>14,078,330</b>

## 27. RECLASSIFICATION OF COMPARATIVES

Advance paid to suppliers, Trade and Other Receivables, Unrestricted donor grants, Restricted donor grants, Restricted project cost on goals, Other project cost on goals, Income generated from projects, Other income, Reversal of Bad Debt expense, Net Finance Income and Revenue reserves recorded in previous year financial statements have been reclassified .



## 27.1 Impact on the Financial statements as at 31 December 2023

	Previously Reported Rs.	Impact Adjustment Rs.	Reclassified Amount Rs.
Advance paid to suppliers	104,104,799	(104,104,799)	-
Trade and Other Receivables	194,952,699	104,104,799	299,057,498
Incoming Resources	-	331,053,802	331,053,802
Unrestricted donor grants	22,938,684	(22,938,684)	-
Restricted donor grants	308,115,118	(308,115,118)	-
Project Expenditure	-	(360,735,526)	(360,735,526)
Restricted project cost on goals	(308,115,118)	308,115,118	-
Other project cost on goals	(52,620,408)	52,620,408	-
Revenue Earned from Other Activities	-	33,383,452	33,383,452
Income generated from projects	6,912,657	(6,912,657)	-
Other Income	25,495,316	(25,495,316)	-
Selling and Distribution Expenses	(98,678,473)	(975,479)	(99,653,952)
Finance Expenses	-	(14,078,330)	(14,078,330)
Finance Income	-	38,448,841	38,448,841
Net Finance Income	24,370,511	(24,370,511)	-
Special Reserve Fund	-	(591,000,285)	(591,000,285)
Endowment Fund	-	(17,076,324)	(17,076,324)
President's Discretionary Fund	-	(4,048,373)	(4,048,373)
Revenue reserves	(612,124,982)	612,124,982	-
	<b>(384,649,197)</b>	<b>-</b>	<b>(384,649,197)</b>

## 28. SURPLUS BEFORE TAXATION

	2023 Rs.	2022 Rs.
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Surplus before Taxation is stated after charging/ (Crediting) following:

### Included in Administrative Expenses

Defined Contribution Plan Costs - Gratuity	2,674,055	2,323,268
Defined Contribution Plan Costs - EPF and ETF	9,617,906	6,433,024
Depreciation and Amortization	20,284,368	19,307,189
Auditor's Remuneration	950,000	891,006

### Included in Selling and Distribution Expenses

Defined Contribution Plan Costs - Gratuity	1,118,184	1,118,185
Defined Contribution Plan Costs - EPF and ETF	2,901,093	2,630,088

### Included in Project Expenses

Defined Contribution Plan Costs - Gratuity	1,709,897	2,365,570
Defined Contribution Plan Costs - EPF and ETF	5,502,509	4,719,670

# Notes to the Financial Statements

Year ended 31 December 2023

## 29. RELATED PARTY DISCLOSURE

### 29.1 Transactions with Key Management Personnel

The key management personnel of the Organization are the members of its Board.

a)	Key Management Personnel Compensation	2023 Rs.	2022 Rs.
	Short-Term Employee Benefits	-	7,753,241
		-	7,753,241

## 30. EVENTS AFTER THE REPORTING PERIOD

There have been no material events occurring subsequent to the reporting period, that require adjustments to or disclosure in the financial statements.

## 31. COMMITMENTS AND CONTINGENCIES

### Contingent Liabilities

The case No 28/2648/2022 of Labour Tribunal of Chilaw, was filed by Mr A.A.Priyantha Kumara Amarasinghe ex-employee of the Family Planning Association of Sri Lanka is pending.

# Strategic Partners

## **INTERNATIONAL PLANNED PARENTHOOD FEDERATION - IPPF**

Led by a courageous and determined group of women, IPPF was founded in 1952 at the Third International Planned Parenthood Conference. Today, they are a movement of 150 Member Associations and Collaborative Partners with a presence in over 146 countries.

The IPPF Secretariat comprises the Central Office in London and six regional offices: Africa (Nairobi), Americas & Caribbean (Colombia and Trinidad & Tobago), Arab World (Tunis), East and South East Asia and Oceania (Kuala Lumpur), European Network (Brussels) and South Asia (Bangkok hub and Delhi sub-office).

## **FAMILY HEALTH BUREAU - FHB**

The FHB is the focal point for Maternal and Child Health (MCH) in Sri Lanka. The organisation is responsible for planning, coordinating, monitoring and evaluating the Reproductive, Maternal, Child, Adolescent and Youth Health [RMNCAYH] programme in Sri Lanka. The Maternal and Child Health programme forms an important component of the healthcare system, services of which are delivered through the well-developed infrastructure of the Ministry of Health and Provincial Health Services, which comprises a wide network of medical institutions and Medical Officers of Health (MOH).

The Family Health Bureau plays the leading role in the implementation of the reproductive health programme in close collaboration with other national programmes.

## **HEALTH PROMOTION BUREAU - HPB**

The Health Promotion Bureau (HPB) is the centre of excellence in Sri Lanka for health education, health promotion and publicity of health information. Empowering and mobilising

communities to improve their quality of life through health promotion principles is the main achievement gained during the last few years. Public awareness aiming for healthy behaviour changes in the community through mass media is a unique service that has been provided for years by HPB and appraised by all sectors. In addition, HPB plays a vital role in public awareness about health promotion and changes in healthy behaviour by actively participating in mass-scale health exhibitions, national campaign days and community events.

FPA has partnered with HPB to introduce Comprehensive Sexuality Education to the general public and children, based on health promotion principles.

Additionally, HPB engages with the Collection Action Against Period Poverty Project (CAAPP) by supporting the project by providing technical support for training programmes and also helping to oversee the full programme to ensure the high quality of the project. HPB is setting standards for menstrual health in the country, and FPA is delighted to collaborate with them to improve menstrual health standards in Sri Lanka.

## **NATIONAL STD/AIDS CONTROL PROGRAMME - NSACP/MINISTRY OF HEALTH**

In 1992 the Government of Sri Lanka initiated the HIV prevention and control effort through the National STD and AIDS Control Programme (NSACP) of the Ministry of Health under the Director General of Health Services. NSACP is responsible for coordinating the national response to HIV and sexually transmitted infections in Sri Lanka in collaboration with many national and international stakeholders. FPA Sri Lanka is a member of numerous multi-sectoral technical committees of NSACP and has conducted many HIV prevention programmes jointly with NSACP.

## **THE GLOBAL FUND**

The Global Fund to Fight AIDS, Tuberculosis and Malaria is a 21st-century partnership organisation designed to accelerate the end of AIDS, tuberculosis and malaria as epidemics. It is an international Funding Agent providing assistance to governments of recipient countries to fight against three diseases. In Sri Lanka, the National HIV Prevention programme is a vital component of community interventions due to its high transmission modality being via the sexual route. It, therefore, engages a non-governmental partner to give leadership to the community mobilisation and interventions required to curtail the spread of HIV and to end AIDS by 2025, according to the National Strategic Plan for HIV.

As Principal Recipient 2 (2013 - 2021) of The Global Fund project for HIV prevention at the national level, FPA Sri Lanka collaborated with over 30 community organisations in 14 districts and worked in partnership with the National STD and AIDs Control Programme, community partners, the Country Coordinating Mechanism and all peripheral STD clinics. Now, FPA works as the Sub Recipient directly under the National STD and AIDs Control Programme and contracts 11 CBOs in Colombo and Gampaha.

# List of Abbreviations

BCC	Behavior Change Communication
BOD	Board of Directors
CAAPP	Collective Action Against Period Poverty
CBO	Community Based Organisation
CFH	Centre for Family Health
CSR	Corporate Social Responsibility
CPP	Child Protection policy
CSE	Comprehensive Sexuality Education
DFAT	Department of Foreign Affairs and Trade
DU	Drug User
ED	Executive Director
FP	Family Planning
FPA Sri Lanka	The Family Planning Association of Sri Lanka
FSW	Female Sex Workers
GBV	Gender Based Violence
GF	Global Fund
GFATM	The Global Fund to Fight AIDS, Tuberculosis and Malaria
HIV/AIDS	Human Immunodeficiency Virus/Acquired Immunodeficiency Syndrome
HR	Human Resource
HPV	Human Papilloma Virus
HQ	Headquarters
ICPD	International Conference on Population and Development
IDPs	Internally Displaced Persons
IPPF	International Planned Parenthood Federation
KP	Key Population
LGBTQI+	Lesbian, Gay, Bisexual, Transgender, Queer, and Intersex
M&E	Monitoring and Evaluation

MSM	Men who have Sex with Men
NGO	Non Governmental Organisation
NSACP	National STD/AIDS Control Programme
PLHIV	People Living with HIV
PWID	People Who Inject Drugs
RFSU	The Swedish Association for Sexuality Education
SARO	South Asia Regional Office
SDP	Service Delivery Point
SE	Social Enterprise
SE Hub	Social Enterprise Hub
SEAP	Social Enterprise Acceleration Programme
SGBV	Sexual Gender Based Violence
SKPA	Sustainability of HIV Services for Key Populations in Asia
SMP	Social Marketing Programme
SOGIE	Sexual Orientation, Gender Identity, and Gender Expression
SRH	Sexual and Reproductive Health
SRHR	Sexual and Reproductive Health and Rights
STIs	Sexually Transmitted Infections
STD	Sexually Transmitted Disease
TG	Transgender
TOT	Training of Trainers
UN	United Nations
UNAIDS	United Nations Programme on HIV/AIDS
UNDP	United Nations Development Programme
UNFPA	United Nations Population Fund
VCT	Voluntary Counseling and Testing
WASH	Water, sanitation and Hygiene
WHO	World Health Organization
YTAC	Youth Technical Advisory Committee

# Acknowledgments

We acknowledge with deep gratitude the contributions made by the following organisations and individuals whose support and assistance to our work in 2023 have been invaluable.

Ministry of Health - Government of Sri Lanka  
Ministry of Defence - Government of Sri Lanka  
Ministry of Women, Child Affairs and Social Empowerment- Government of Sri Lanka  
Disaster Management Centre (DMC ) - Ministry of Defence - Government of Sri Lanka  
Family Health Bureau (FHB) - Ministry of Health - Government of Sri Lanka  
Health Promotion Bureau (HPB) - Ministry of Health - Government of Sri Lanka  
Maternal and Child Health Division of the Colombo Municipal Council  
Disaster Preparedness and Response Division (DPRD) - Ministry of Health - Government of Sri Lanka  
Board of Investment of Sri Lanka  
International Planned Parenthood Federation - IPPF  
IPPF South Asia Regional Office - IPPF SARO  
IPPF Humanitarian Hub  
The Global Fund to Fight AIDS, Tuberculosis and Malaria - GFATM  
The National STD/AIDS Control Programme - NSACP  
The United Nations Population Fund - UNFPA  
The Swedish Association for Sexuality Education - RFSU  
The Department of Foreign Affairs and Trade - DFAT  
Health Equity Matters  
Country Coordinating Mechanism (CCM)  
Embassy of France to Sri Lanka and the Maldives  
Netherlands Embassy  
Levi Strauss Foundation  
Winning Narrative Centre - IPPF ESEAOR  
Winning Narrative Centre - IPPF European Network  
Sri Lanka College of Obstetricians and Gynaecologists - SLCOG  
AIDS Foundation  
Richard Peiris & Co. Ltd  
Dr. L.M Perera  
Professor Athula. Kaluarachchi  
Professor Harshalal. R. Seneviratne  
Professor. L. R. Amarasekara  
Dr. Loshan Munasighhe  
Dr. Chitramali de Silva  
Dr. Asanthi Balapitiya  
Dr. Janaki Vidanapathirana (Director) and Consultants from NSACP  
DIG Renuka Jayasundara - Police Children and Women Bureau

**All Government officials who assisted us in our project areas of Sri Lanka**  
**All dealers and suppliers of FPA Sri Lanka**  
**All project partners of FPA Sri Lanka**









# Corporate Information

## Name of Organisation

The Family Planning Association of Sri Lanka (FPA Sri Lanka).

## Year of Establishment

1953

## Registration

Registered as a company limited by guarantee under the Companies Act No. 07 of 2007. Registration No. A 32.

Registered as a Voluntary Social Service/ Non-Governmental Organisation under the Voluntary Social Service Organisation (Registration and Supervision) Act No. 31 of 1980 as amended by Act No. 08 of 1998. Registration No. L 13807.

Approved charity under Inland Revenue Act by Gazette Notification dated 5 May 1965.

## International Affiliation

Accredited Member of the International Planned Parenthood Federation (IPPF).

## IPPF

International Planned Parenthood Federation (IPPF) is the global service provider and a leading advocate of SRH and related right for all. It is a worldwide movement of national organisations working with and for communities and Individuals.

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## Bankers

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Commercial Bank of Ceylon PLC  
National Savings Bank  
Hatton National Bank PLC

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[www.fpasrilanka.org](http://www.fpasrilanka.org)